

**North American
Herb & Spice**

WILD MOUNTAIN TurmaSpice Honey

TurmaSpice Honey is a powerful, delicious, synergistic combination of wild, organic turmeric, organic Ceylon cinnamon, and organic ginger powders, all blended in premium-quality raw honey. This is wild honey, a combination of Canadian prairie and wildflower honey plus wild, high-mountain Mediterranean thistle honey. Extremely delicious, the combination of spices aids in the metabolism of the naturally occurring sugars in the honey, also causing these natural fuel sources to be driven into the cells, where they can be used for energy production.

It's an ancient Ayurvedic remedy to combine these spices in raw honey for delivery. This aids in the support of a healthy digestive process, as well as healthy immunity.* Also, both turmeric and raw honey support inflammatory response and have powerful antioxidant effects.* Plus, raw honey has long been used as a powerful aid for supporting the healthy balance of the immune system, which is involved in the inflammatory response.*

For blood sugar support cinnamon and ginger are powerhouses, as is turmeric. All of these spices are potent balancing agents and stimulants of the digestive processes. That's why TurmaSpice Honey is ideal for boosting the health of the entire digestive system, all in the tastiest, most inviting way possible.*

TurmaSpice Honey is loaded with antioxidants, which are highly beneficial because they protect the body from free radicals.* Free radicals increase the aging process and also put the organs at risk for degeneration. Daily use of TurmaSpice Honey supports a natural antioxidant defense, supporting the cells and organs of the body from age-related damage.* The benefits of organic, wild turmeric, cinnamon, and ginger blended into wild honey are endless. With

TurmaSpice Honey you're one spoonful closer to optimal health through raw spice power plus raw B vitamins and tasty sources of iron and magnesium, all of which support overall health.*

How to use TurmaSpice Honey

TurmaSpice Honey is ultra-tasty on toast, in smoothies, and over oatmeal. Add it as a boosting agent to TurmaMilk. Use it also over oatmeal or drizzled over cold cereal. Make a special tea from TurmaSpice honey by adding it to any herbal tea or simply hot water by itself. It can even be paired with vegetables in a stir-fry, or as a glaze on chicken. Or, simply take it directly, a teaspoonful at a time. It's the ideal way to get the power of organic, wild turmeric and more into children's diets. Use it and feel the TurmaSpice difference: more power, energy, and strength, just as Ayurvedic tradition has proclaimed.*



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*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.