



Always original, always the best

The products and descriptive statements in this catalog have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

For the earth which drinks in the rain that comes often upon it, and brings forth herbs useful for them by whom it is cultivated, receives blessings from God.

Hebrews chapter 6, verse 7



North American Herb & Spice (NAHS) is the world leader in nutritional supplement innovation. This innovation begins in the pristine wilderness throughout the world. NAHS is the only company specializing in hand-gathered, raw, remote-source, wild materials. This is a major undertaking, which requires a vast effort to discover and procure these special plants, herbs, seeds, barks, berries, wild spices, and more. Thus, NAHS creates the finest supplements, which have the greatest efficacy known. Every consideration is made concerning the raw materials, the environment, and the people involved in bringing these stellar supplements to the market. All are important considerations in the innovation process.

Judy Kay Gray, M.S., nutritionist and founder of North American Herb & Spice, has achieved her long sought-after goal by producing the highest quality and most effective whole food supplements available. This is accomplished by tapping the vast, unaltered powers of wild nature. After completing a master of science degree in nutrition, she traveled to over 60 countries around the world studying the traditional uses of herbs and spices and learning how different cultures thrive and stay healthy without traditional medical treatment. Because of her wealth of knowledge, innovation, and tenacity, the production of powerful, natural supplements became a reality at NAHS.

It all began with her discovery of the highly potent wild P73 oil of oregano, the first wild, whole food spice oil ever produced. The P73 blend is made from the finest hand-gathered, wild oregano available, harvested on remote Mediterranean mountaintops. Only the most effective types are handpicked from over 80 varieties of oregano. Thus, the true wild, oregano oil, Oreganol P73, was created. This was the beginning of a novel category of nutritional supplements in the natural health field, which are derived from wild spices. These supplements far exceed all others in power and potency as well as antioxidant capacity. Furthermore, the full range of wild P73 Oreganol extracts provides the complete system for ideal health.

NAHS is the first and original maker of wild oregano-based supplements. Extensive research in the wilderness has led to the creation of over 150 unique products. That's why for an optimal healthy support system NAHS is all you need.

Why NAHS supplements are the most potent

To produce NAHS spice oil extracts, wild raw materials are carefully harvested from the most remote regions of the world. This includes inaccessible mountaintops, tropical forests, and northern, subarctic regions on the planet. That's why NAHS products are the purest and most powerful available. Further, the flora and fauna are always respected and protected.

Our purity—a sign of care and quality

NAHS is unique, because all our supplements are truly natural. Nothing synthetic is used. We provide the finest quality and most potent products available. Unlike some manufacturers, NAHS never uses toxic substances, such as alcohol, propylene glycol, benzene, acetone, titanium dioxide, and hexane. Plus, all NAHS products are free of fillers, binders, and flow agents such as magnesium stearate and talc. There are no artificial sweeteners, flavorings, colorings, or shellacs of any kind in NAHS supplements. Thus, our supplements are the purest and safest available for adults and children alike. Also, NAHS never uses synthetic vitamins/minerals as the base of any supplement. Instead, real whole, organic, and wild foods are the sources. That makes them special. For example, all vitamins in formulas, such as Purely-B, Purely-C, Purely-E, and the comprehensive daily supplement Purely-Pak, are strictly from food. Study labels and see the difference. Never accept cheap imitations with little or no benefit and which may even cause harm. NAHS wants you to put only the best in your body.

Another major benefit—or proof of quality—is that NAHS supplements are free of GMOs. Other supplements contain genetically engineered substances such as ascorbic acid, soy-based vitamin E, soy lecithin, canola oil, soy oil, maltodextrin, citric acid, and glycerin. No such additives are allowed in NAHS supplements. All NAHS products are guaranteed to be free of corn, wheat, soy, canola, gluten, and all additives and fillers. NAHS is one of the only full-line supplement companies in the world which is 100% non-GMO.

The power of the unprocessed whole—an NAHS innovation

NAHS is also the leader in “unrefined technology.” This means naturally preserving raw materials as they are found in nature, just as almighty God made them. This also accounts for the potency of the supplements. In fact, all NAHS products are natural and unrefined, retaining their full spectrum of health-giving properties. To isolate one component makes a product no better than a drug. Even PolarPower fish oil is unrefined and unfiltered. This fine oil comes from sockeye salmon caught by hand in pristine, unpolluted waters, which makes PolarPower supplements sustainable and unique.

The power of raw

Many NAHS supplements are 100% raw. They are like no others. Examples include raw, wild berry formulas; raw, stabilized royal jelly; raw, whole food nutritional oils; raw, wild greens formulas; raw, wild chaga extracts; raw, whole food teas; and raw, wild oregano—the whole, crude herb. Whenever possible, all products are sourced from the

wilderness. Regardless, vitamins and minerals from wild sources are far more potent and beneficial than the man-made, chemical types. That's because they are fully utilized and stored in the body. In contrast, the artificial ones are noxious and can even overload the liver, causing toxicity. Thus, hopefully, they are flushed out of the body (yellow-green urine), since the cells cannot properly utilize them. Plus, the enzymes naturally found in wild herbs and foods are only active in truly raw supplements such as NAHS's wild vitamin C, greens, berry extracts, and chaga. Some of these raw, wild, hand-made extracts are so rare that they are available only in limited quantities.

Wisdom of the ancients

NAHS has achieved another key innovation: reviving the use of the natural substances of the original medical guides—the pharmacopeia. Unique in this feat these remedies are labeled as “official,” meaning they have been proven by the test of time, and they include wild oregano, sage, rosemary, burdock, nettles, dandelion, raspberry, cherry, rose blossom, orange blossom, lavender, and much more. Regarding wild greens and spices every effort is made to find only wild sources. For instance, unlike other companies our turmeric is wild. A combination of the ancient and the modern based on the latest science: that is what makes NAHS unique.

Wild is always better—undisturbed soil and more

At NAHS we know that the soil does make the difference. Wild, undisturbed soil creates plant medicines which are far more powerful than any other type. Man-made soil is inferior to the original, undisturbed type found in divinely created wild nature. That's why wild is even more powerful than organic—it's native, whole, and never altered by the hand of man. Regardless of anyone's experiences or beliefs, the real proof is in the results—and with NAHS supplements, these are profound. Whether from the wild, high Mediterranean mountains, the remote regions of the Amazon forest, or the far northern limits of the subarctic wilderness, one fact is certain: with NAHS supplements, you are guaranteed to get the best results possible—superior support for optimal health.



Top of the line: Oreganol P73, natural support and more

P73 Oregano oil is just what the body needs for supporting, as well as balancing, cellular health. It provides the body with potent phenolic compounds that support a healthy, whole body system. Plus, wild oregano oil is one of the most potent antioxidants known, also helping to support optimal cellular health. Used throughout the ages, its many uses have been documented since biblical times.

Why is Oreganol P73 different from other oregano oils?

Over 80 species of oregano plants exist in the wild. After extensive research NAHS developed the most powerful wild oregano blends using only edible species. Therefore, there is no other oregano oil like it. Oreganol P73 is the only wild oregano oil made from a blend of high-mountain Mediterranean oregano species. The oregano plants in this formula grow up to 12,000 feet above sea level on calcium- and magnesium-rich rock. This ionically charged, mineral-rich soil makes Oreganol P73 the most unique and powerful oregano oil available. Other brands only use *Origanum vulgare* or *minutiflorum*, the latter not even being an oregano species. Some may even claim to be Mediterranean but aren't. Oreganol P73 is a whole food extract. It is derived from the same wild oregano used as a staple in remote villages for thousands of years. That's why Oreganol P73 is the only oil of oregano which is ideal for daily use.

Oreganol P73 (Original Strength)

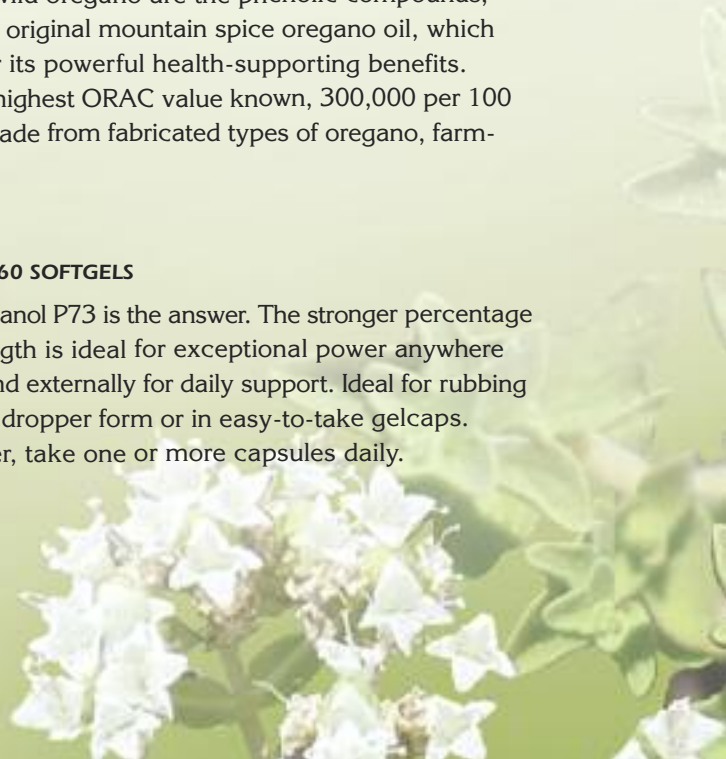
.45 FL. OZ. (13.5 ML.) ■ 1 FL. OZ. (30 ML.) ■ 60 SOFTGELS ■ 10 SOFTGEL CONVENIENCE PACK ■ 8 ML.

Oreganol P73 is the true oil of wild oregano, a blend of the oils from edible species of wild oregano. Oreganol is derived from a complex of wild oregano species, which grows in the Mediterranean mountains out of mineral-rich white rock. Oreganol is ideal for human consumption, because it is a food. Thus, it may be taken daily. The P73 is truly one of a kind. Key components of wild oregano are the phenolic compounds, terpenes, and esters. Oreganol P73 is the original mountain spice oregano oil, which has been used for thousands of years for its powerful health-supporting benefits. Except for clove oil, oregano oil has the highest ORAC value known, 300,000 per 100 grams. Do not accept cheap imitations made from fabricated types of oregano, farm-raised, GMO-tainted, or Mexican sage.

Oreganol P73 Super Strength

.45 FL. OZ. (13.5 ML.) ■ 1 FL. OZ. (30 ML.) ■ 60 SOFTGELS

For maximum power, Super Strength Oreganol P73 is the answer. The stronger percentage of concentration per drop in Super Strength is ideal for exceptional power anywhere and anytime it is needed. Use internally and externally for daily support. Ideal for rubbing on skin, muscles, and joints. Available in dropper form or in easy-to-take gencaps. Take 2 to 5 drops of oil daily. Even easier, take one or more capsules daily.



OregaBiotic

60 CAPS

OregaBiotic is the slow-release form of multiple spice extract in a beeswax base, essentially a kind of coated oregano oil. The beeswax delivers the wild oregano and other powerful spice oils throughout the small intestine and colon. This is the ideal form of multiple spice and/or oregano extract for those with sensitive systems. It is the only oregano oil capsule in an L-V (vegi) capsule. OregaBiotic contains wild spice oils of oregano, cumin, sage, and bay leaf from wild plants harvested by hand in remote, high-mountain regions of the Mediterranean. The combination of wild bay leaf oil plus wild oregano increases its power. Because of its slow-release nature, OregaBiotic penetrates into the lowest parts of the colon and is well-tolerated, plus always effective.

Oreganol P73 Juice

12 FL. OZ. (355 ML.)

The highly aromatic wild oregano essence is the true, original oregano hydrosol, the water extract portion from steam distillation. Oreganol P73 juice is the preferred form used by the villagers who have benefited from its powers since antiquity. This plant concentrates oxygen in its leaves from the mountain air. The unique steam distillation process used to make this formula creates an oxygen-rich extract very different from the oil. This is the fat soluble form for penetrating the membranes of the body—any part of the body coated with fat. Use straight from the bottle or add to juice or water. Ideally, use with Oreganol oil or OregaBiotic. Use one or more ounces daily.

OregaMax

90 CAPS ■ POWDER (120 gms)

The original, crude, whole leaf wild oregano formula, OregaMax is also known as crushed, whole, wild oregano. It supports natural mineral, vitamin, and flavonoid intake and more. This wild oregano grows directly on rock in the Mediterranean mountains; that's why it's rich in trace minerals. Unlike commercial oregano OregaMax is full strength and undiluted. This is wild high-mountain oregano—the hyssop of the Law—a combination of wild whole food oregano, *Rhus coriaria*, organic garlic powder and organic onion powder. It is the most potent whole herb, wild oregano available. For young children or pets capsules may be opened and mixed with food or drink. Great to use in combination with Oreganol P73 oil. Also available in bulk powder. OregaMax is a natural source of key minerals, including calcium, phosphorus, copper, iron, magnesium, and zinc. Best, especially for bone health, when taken at bedtime and for complete digestion.



OregaRESP P73 (desiccated multiple spice complex)

1 FL. OZ. (30 ML.) ■ 60 SOFTGELS ■ 30 CAPS ■ 90 CAPS

OregaRESP P73 is the most powerful wild oregano and multiple spice oil supplement available. Rigorous lab testing proves that this spice complex/extract has synergistic powers, making it even more potent than the Super Strength Oreganol. OregaRESP contains P73 wild oregano, wild high-mountain sage, and cumin, as well as concentrated CO₂-extracted cinnamon. The oregano, cumin, and sage are all mountain-grown, while the cinnamon is from the tropics. These powerful oils are available as easy-to-swallow gencaps, as a powerful dried spice oil complex, or as oil drops. A unique multiple spice formula, use when exceptional potency is required. Take with meals and snacks.

OregaSpray

4 FL. OZ. (120 ML.) SPRAY ■ 2 FL. OZ. (60 ML.) SPRAY

OregaSpray is a completely natural, edible, multipurpose spice oil spray. Made with naturally emulsified oils of wild oregano P73, wild lavender, wild bay leaf, and clove, which are mycellized in the purest water, it is the ideal spray for sanitizing the air as well as surfaces. It is also the ideal vegetable wash, hand cleanser, toothbrush spray, food cleanser, environmental spray, odor neutralizer, kitchen and bathroom cleaner, pet deodorizer, insect repellent, foot or body deodorant, nursery spray, vaporizer/humidifier additive, and public surface disinfectant. With an intense herbal aroma OregaSpray offers the unique power of the strongest antiseptic action possible. Always take OregaSpray with you. The two-ounce bottle is perfect for travel.

Germa-a-CLENZ

4 FL. OZ. (120 ML.) SPRAY ■ 2 FL. OZ. (60 ML.) SPRAY

Germ-a-CLENZ will quickly become your germ fighting assistant at home, in your car, and in all public places. This proprietary mycellized blend of the purest water, wild oregano oil P73, and other powerful spice oils will surprise you with its versatility. Besides providing a safe and healthy environment, it even removes stains on clothes, destroys toxic odors, lengthens the life of toothbrushes, and inhibits dust mites and other unwelcome pests. Its natural cinnamon-y fragrance is a joy to use and safe, as well as pleasant, to inhale. Use it everywhere even on dirty little hands. Be truly clean and breathe the freshness that you love. Duplicates as a natural insect repellent.

SinuOrega

2 FL. OZ. (60 ML.) also available in a 12-pack point-of-purchase display box

Health practitioners agree: a saline-based nasal wash is the most ideal approach for cleansing the nasal passages as well as sinuses. SinuOrega combines a unique blend of the powerful essential oils of sage, bay leaf, clove, and oregano in a wild, purified sea salt-water base. SinuOrega is the only completely natural nasal spray with the power of Oreganol P73. Safe for everyday use, yet not addictive as some products are. Cleanse for better health, and then take a really deep breath. Use this natural saline plus wild spice oils spray to cleanse nasal cavities. Great with the P73 oil taken under the tongue. With SinuOrega you get the powerful action you need with no drowsiness. Also, it is nonaddictive as some commercial products are, so it is safe to use daily as needed.



From the mountains, South Seas, and the southern Mediterranean arise the most aromatic, potent spice oils known. Remote-source, wild, and/or organic, these are the purest and most powerful edible and topical oil extracts for human health. These spice oils are a rich source of potent phenolic compounds with high antioxidant activity, far higher even than fruit and vegetables. Take advantage of these aromatic oils for better health.

Inflam-eez

90 VEGI CAPS ▪ 2 FL. OZ. (60 ML.) OIL

Truly potent, Inflam-eez capsules are a combination of enzymes plus wild herbs and spices. To live well a person must be able to function and move. Both Inflam-eez capsules and oil are essential in supporting healthy physical activity. Inflam-eez capsules contain the highest potency enzymes of bromelain and papain plus turmeric, ginger, and wild rosemary. Papain is frequently derived from genetically engineered papayas, but ours is non-GMO. Inflam-eez is the ideal complement to a healthy diet and exercise regimen. Best when used in combination with Inflam-eez oil. Most effective when taken on an empty stomach, one hour away from meals. Ideally, take with Turmerol wild turmeric extract.

Inflam-eez rubbing oil is a potent combination of wild herb and spice oils. This powerful heat-producing blend also contains pain root for deep massaging. Ideal for rubbing on joints, tendons, and muscles. Notice the power immediately. No menthol smell. Can be taken orally. Feel the difference, now.

NAIL-IT (multiple spice oil complex)

1 FL. OZ. (30 ML.) ▪ 60 SOFTGELS

NAIL-IT is a powerful topical agent for nail beauty and health. Made of potent spice oils with proven antiseptic powers, this is the ideal rub for the nails. This is the most aggressive natural complex available for healthy nails. Use as a rub twice daily or apply drops onto cotton and tape cotton over affected area overnight. Cover saturated cotton with socks or gloves to assure constant contact. May also be taken orally. Get the extreme power of NAIL-IT for toenail and fingernail support—you'll see the difference. Best used with NAIL-IT capsules, since the combination of topical use plus the systemic delivery of oils orally is ideal. For ideal results take 2 capsules twice daily.



OregaFRESH (toothpaste)

3.4 OZ. (100 g)

OregaFRESH is the only natural fluoride-free toothpaste available infused with the antiseptic power of Oreganol P73. Brushing daily with OregaFRESH helps reduce dental plaque, freshens breath, and promotes optimal oral health without the use of harsh or dangerous ingredients like dyes, glycol, parabens, and sodium lauryl sulfate. Even glycerin in dental products may cause the gums to soften and bleed. OregaFRESH is one of a family of products that benefit the entire mouth with oral spice therapy. Best if used with OregaCARE Swirl & Swallow. Smile with confidence with OregaFRESH.

OregaCARE Swirl & Swallow (oral clenz)

8 FL. OZ. (240 ML.)

OregaCARE Swirl & Swallow is the only edible oral cleanser that provides the power of P73 wild oregano. Now you can promote the health of teeth plus strong, healthy gums without the use of harmful substances like fluoride and other chemicals. Plus, it helps the whole body because you can swallow this powerful tonic. OregaCARE Swirl & Swallow contains antioxidant-rich hydrosols, chlorophyll, and powerful phenols that leave your mouth feeling fresh and clean. OregaCARE is one component of a family of products that support the teeth, gums, and breath with oral spice therapy. OregaCARE is ideal for use with OregaFRESH P73 toothpaste. Your dentist will be amazed.

OregaDENT (gum and teeth support)

1 FL. OZ. (30 ML.)

OregaDENT is a powerful combination of wild oregano P73 oil plus clove bud and cinnamon oils in an extra virgin olive oil base. It also contains wild pain root, which is rare and powerful. Apply a few drops to teeth and gums for a soothing and refreshing experience. OregaDENT is an excellent tooth whitener because, unlike chemical whiteners, it strengthens teeth and does not damage enamel. Complementary to toothpaste, it can be used as needed anywhere in the mouth. Keeps toothbrush sterile when used as a dentifrice with OregaFRESH.

Oreganol P73 Cream

2 FL. OZ. (60 ML.)

Oreganol moisturizing cream is a powerful rejuvenating formula containing wild, raw propolis, wild essential oils, Canadian balsam, wild oil of hypericum, and wild honey. This is so pure, it is edible. Ideal for all skin types, Oreganol P73 Cream is made with the highest-ranked antioxidants in the world, and it's the only completely natural moisturizer made from wild, high-mountain grown spice oils. With its rich content of wild, rare ingredients, Oreganol P73 Cream is a pure and unique skin and facial cream. Use on the face in the morning and evening for beautiful, soft, clear skin.



PropaHeal

1 FL. OZ. (30 ML.)

PropaHeal is potent, the only wild propolis drops not emulsified in alcohol. A wild extract from the buds of trees, propolis is a potent antioxidant. A top source of powerful phenols and flavonoids, PropaHeal has an incredibly high ORAC value of over 9,000 units per bottle, since propolis is some 10,000 units per gram—300 times more powerful than blueberries. Regular (solid) propolis cannot be absorbed. Emulsified propolis, as found in PropaHeal, is the only absorbable type. An ideal natural substance for wounds and burns, it is also safe and effective for internal consumption. Bees make it and use it to keep their hives healthy. People find it powerful and beneficial in many ways.

Turmerol

2 FL. OZ. (60 ML.) ■ 120 CAPSULES

Turmerol is the most potent, versatile turmeric extract known. This is a wild turmeric extract. All others are farm-raised and may contain residues of noxious solvents, including hexane, a gasoline-like substance. Even pesticide residues are commonly found in turmeric supplements. Not so with Turmerol, which is steam extracted, so there is no possibility for toxic residue. For the ultimate turmeric power use only Turmerol for the healthy, potent support of 100% wild turmeric. Plus, Turmerol contains the full complex of curcuminoids, curcumin, and turmerol resins. Contains also cold-extracted ginger oil and wild Oreganol P73 for boosting absorption.

Zolvex

1 FL. OZ. (30 ML.)

This is the true raw, cold-extracted, wild oregano made from the whole leaf. Using only CO₂, this is the supercritical extract from wild oregano. Thus, unlike the regular oil, it contains potent dark green flavonoids, such as quercetin. Also, since it is raw, the enzymes are intact. Zolvex is ideal for topical use for healing and much more. An ideal addition to wild oregano supplement programs. Use on all types of skin conditions, especially warts. May apply Zolvex to cotton and place over troubled area and cover with a bandage—works fast. May also be taken internally.



The only way to support the healthy detoxification mechanism is through wild, whole superfoods. Cleansing the food we eat, as well as the environment around us, is equally important for supporting optimal health. These products work the best, because they are made with the very finest ingredients.

Cilantrol

1 FL. OZ. (30 ML.)

Cilantrol is the true remote-source cilantro (coriander) seed oil, highly aromatic. Made from mountain-grown cilantro/coriander seeds, this oil is rich in flavonoids and phenolic acids. The aroma and taste are exotic. Use Cilantrol as drops in the mouth or in cooking. Oil of cilantro is the subject of modern research. Read about it on the web.

CranFlush

1 FL. OZ. (30 ML.)

CranFlush is the only raw, wild, high-bush cranberry extract available. It is uncooked to maintain vital nutrients—that's what makes it so powerful. This is the rare high bush cranberry, which is found growing in the remote northern wilderness. Notice the brilliant reddish-crimson color. This is the sign of its natural flavonoid power. Wild cranberry is rich in organic acids, as well as arbutin, which are highly cleansing to the body and support a healthy urinary tract. It is also exceedingly high on the ORAC scale at some 30,000 units per 100 grams. The powers of cranberry are well established. This type of cranberry is naturally more potent than the commercial varieties. Take advantage of the most potent type of wild cranberry extract known.

Cuminol

1 FL. OZ. (30 ML.)

A potent spice oil extract, Cuminol is the steam extract of remote-source brown cumin seed, yielding an oil containing beneficial phytochemicals and nutrients. A rich source of antioxidants, brown cumin seed oil is 2800 on the ORAC scale, making it some 70 times more powerful than commercial blueberries. The components of Cuminol have been shown to increase the cellular production of glutathione, an important and powerful antioxidant. This is of immense value to the human body. ORAC testing confirms that cumin is a powerful antioxidant, more powerful than vitamin E and beta carotene combined, about 100,000 ORAC per bottle.

Dand-o-Max

8 FL. OZ. (240 ML.)

Dand-o-Max is maximum strength, because it's made from only raw, wild dandelion roots plus leaves, all handpicked from the remote, wild northern forests. This is the only raw, wild dandelion root extract available. Dand-o-Max is a powerful cleanse, with the potency that only raw dandelion root and leaves can provide. Dandelion is known as *Taraxacum officinalis*, which means an official, high-level herbal therapy. Wild dandelion is a natural source of riboflavin, niacin, and potassium, plus the root is rich in special waxes, including taraxacum, which support a healthy liver, gallbladder, and more. Since it is raw the enzymes are intact. Wild dandelion root is a remote-source whole food, free of all chemicals, solvents, and additives. Dand-o-Max is the only raw dandelion root plus leaf extract available. It's potent. You'll feel it. Use daily.



Fung-E-Clenz

1 FL. OZ. (30 ML.)

Fung-E-Clenz is a synergistic blend of high-mountain oils of wild oregano, bay leaf, sage, cumin, and myrtle. For best results take internally for cleansing benefits. The potency of this blend becomes obvious with its use. This is a unique formula to add to the Oreganol P73. Use it for extra power, both internally and externally. An ideal formula to complement the powers and the amazing goodness of Oreganol P73.

GreensFlush (triple-strength wild, raw greens drops)

1 FL. OZ. (30 ML.)

GreensFlush sublingual drops are the triple-action wild greens formula. This is the only truly wild and raw greens drops available. Greatly concentrated as drops in the mouth, this is truly the Power of Nature. These are purely wild-source greens, which are harvested from the most pristine regions of the world. As soon as the wild greens are picked, they are extracted. Then, this extract is preserved raw. GreensFlush is a combination of wild dandelion leaf, wild nettle leaf, and wild burdock leaf, since in this state all the nutrients and phytochemicals are retained. A natural source of riboflavin and potassium, this is a powerful nutritional supplement and also a potent cleanse, which is beneficial for healthy digestion. Lots of issues start in the gut. This helps so much.

IntestiClenz

1 FL. OZ. (30 ML.)

IntestiClenz is a proprietary blend of wild spice oils, including oils of juniper, cumin, fennel, bay leaf, and Oreganol P73. The powerful oils of IntestiClenz are just what the body needs. Everyone benefits from these oils, especially to support a clean and healthy digestive system in the area where it is needed the most. Plus, the “bad guys” don’t like it.

LivaClenz drops

1 FL. OZ. (30 ML.)

Another potent combination of highly aromatic spice oils from wild, mountain-grown plants, LivaClenz is ideal for supporting a healthy liver. Scientific studies demonstrate the true power of such spice oils, which are safe for human consumption. A complex of wild oregano, rosemary, and sage plus cumin seed oil, LivaClenz is the powerful support you need for a healthy liver, the body’s largest and most important digestive organ. Ideally, use with the Total Body Purge.





LivaClenz (turmeric/dandelion-enhanced capsules)

60 VEGI CAPS

Made from mountain-grown herbs and spices, including cumin, organic turmeric, and wild rosemary, LivaClenz is powerful. It also contains wild dandelion concentrate, which, unlike commercial sources, is free of herbicides and pesticides. LivaClenz supports digestion. For ideal benefits take daily with the Total Body Purge.

Total Body Purge (100% raw, new, improved formula)

12 FL. OZ. (355 ML.)

Total Body Purge is the rarest, most unique—and potent—cleansing formula known. Take this raw blend of organic cold-pressed oils, organic, raw apple cider vinegar, plus extracts of raw greens and berries fortified with wild oils of sage, rosemary, fennel and cilantro oil. The addition of raw dandelion root extract greatly aids in healthy elimination.

Why purge? Modern life leads to whole body contamination. Total Body Purge is crucial, since synthetic chemicals and heavy metals are not readily removed. Since it is raw the cleansing enzymes are intact. The organic oils and vinegar boost this power. Raw, wild, greens are powerful beyond belief. Experience their power by taking Total Body Purge. This is a supportive formula for the digestive system—not a laxative. An ideal detox system.

RAW BoneActiv (raw, natural calcium source & more)

120 VEGI CAPS ■ 1 OZ. BONE & JOINT RUBBING OIL

The ultimate bone/joint support formula based on raw, whole microcrystalline hydroxyapatite (MCHC) from grass-fed New Zealand cattle. Raw BoneActiv is combined with powerful wild, mountain grown calcium-concentrating spices: wild sage, oregano, and rosemary. These spices and their oils have been researched for their bone supporting effects. MCHC is the subject of significant scientific studies, which demonstrate its novel and crucial powers for supporting bone health. Raw MCHC is far more active biologically than heat-treated types. Too, sage, oregano, and rosemary, grow in the wild not on soil but, rather, on rock. These plants concentrate the minerals from these rocks, including calcium, phosphorus, copper, and zinc—essential for building healthy, powerful bones and preventing age-related bone loss.

Bone loss is a major cause of pain as well as reduction in activity. Because of this people's lives are significantly altered. Change all this with BoneActiv and stay active all the time, every day for whatever you need. Feed the bones what they need.

Use Raw BoneActiv rubbing oil on the feet and shins and also on the large joint and bone areas, as needed. The aroma is also therapeutic; rub it on the chest or under the nose.



Bone & Joint Support



For the healthiest body possible, perfect digestion is required. Support a healthy digestive system through the powers of wild and remote-source spice extracts as well as enzymes and healthy bacteria, reliably used for centuries.

Black Seed-plus

90 VEGI CAPS

Black Seed•plus is a true remote-source blend of crushed black seed plus brown cumin. It is a natural source for trace minerals, including iron, zinc, calcium, magnesium, and chromium. Black Seed•plus is a top source of aromatic compounds, which are highly supportive for the entire digestive tract. Highly prized in the Mediterranean countries for its beneficial properties, black seed was touted by the Prophet Muhammad as an invaluable natural medicine and also mentioned in the Bible. An ideal digestive spice complex, its carminative, or calming actions on the entire digestive system, have been known for centuries. Plus, greater strength and stamina are commonly experienced with this formula.

Gastronex (digestive enzymes)

90 VEGI CAPS

Gastronex is perhaps the most potent, unique digestive supplement available. This is because it is a blend of natural enzymes plus wild and remote-source spices—and it is well known that spices support digestion. This is a powerful combination, which is unmatched for digestive support. No other digestive support formulas combine enzymes with spice extracts. The spices strengthen healthy digestion, stimulating natural secretions, and the enzymes break down the food. Anyone who eats needs Gastronex. It is the most well-tolerated digestive supplement available. What a great way to support the digestive process from the stomach down.

Health-Bac (probiotic)

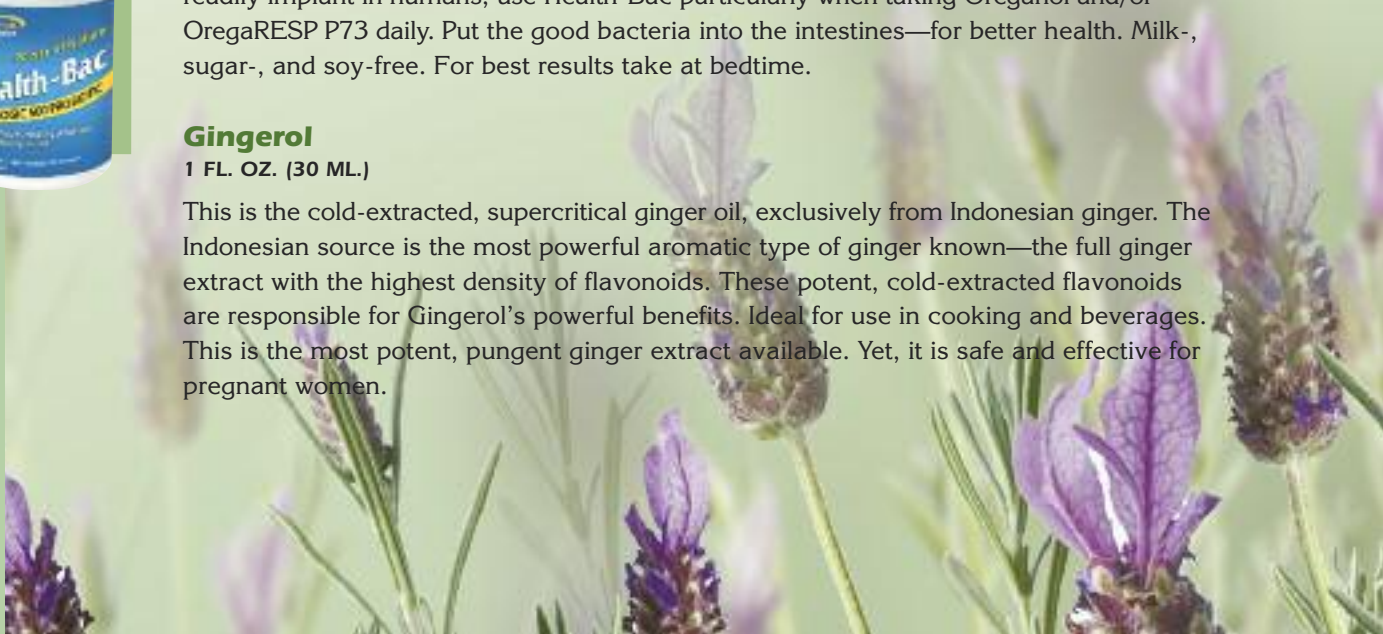
100 gms

A truly exceptional probiotic supplement, Health-Bac contains the most extensively researched probiotic complex available. Superior to virtually all healthy bacterial supplements and free of any animal byproducts, Health-Bac contains the strains *Bifidobacterium infantis*, *lactis*, *longum*, *Enterococcus faecium*, *Lactobacillus acidophilus*, *paracasei*, *plantarum*, *salivarius*, and *Lactococcus lactis*. Clinically demonstrated to readily implant in humans, use Health-Bac particularly when taking Oreganol and/or OregaRESP P73 daily. Put the good bacteria into the intestines—for better health. Milk-, sugar-, and soy-free. For best results take at bedtime.

Gingerol

1 FL. OZ. (30 ML.)

This is the cold-extracted, supercritical ginger oil, exclusively from Indonesian ginger. The Indonesian source is the most powerful aromatic type of ginger known—the full ginger extract with the highest density of flavonoids. These potent, cold-extracted flavonoids are responsible for Gingerol's powerful benefits. Ideal for use in cooking and beverages. This is the most potent, pungent ginger extract available. Yet, it is safe and effective for pregnant women.



Mental health and relaxation are essential for achieving optimal health and productivity. Without rest, how can anyone survive? Support your nerves, senses, and more with wild, oxygen-rich whole foods, spices, and hydrosols. That's the best way to get into balance, have greater alertness, and achieve better rest for overall quality of life.

Essence of Neroli Orange

12 FL. OZ. (355 ML.)

Essence of Neroli Orange is an oxygen-rich hydrosol of the highly aromatic bitter orange blossoms. This is from the medicinal orange tree which grows in the Mediterranean rocky soil near the ocean. Used since antiquity, this essence offers a delicate and unique taste. This is the original neroli orange essence, made exclusively from the flowering orange blossom petals. An ideal essence for all ages, it is a natural bitters for internal cleansing. For a relaxing beverage, it is known in Mediterranean cafés as “White Coffee.” One half ounce in a cup of hot water with orange blossom honey to taste is a calming and exotic treat. Makes sweet dreams and happy memories.

Essence of Wild Lavender

12 FL. OZ. (355 ML.)

Essence of Wild Lavender is the only truly wild lavender hydrosol available. Potent and pungent, this essence helps activate the senses, which is ideal for overall health, while supporting adrenal function. This wild essence contains limonene, a powerful substance which has been researched extensively. Essence of Wild Lavender is the original wild and edible lavender essence from the high Mediterranean mountains. Use this potent extract for better health. Great addition to facial treatments; also add to baths. Perfect for foot baths. Dab on body after a shower. Use a capful in the bath water. Gentle enough for babies.

Essence of Wild Rosemary

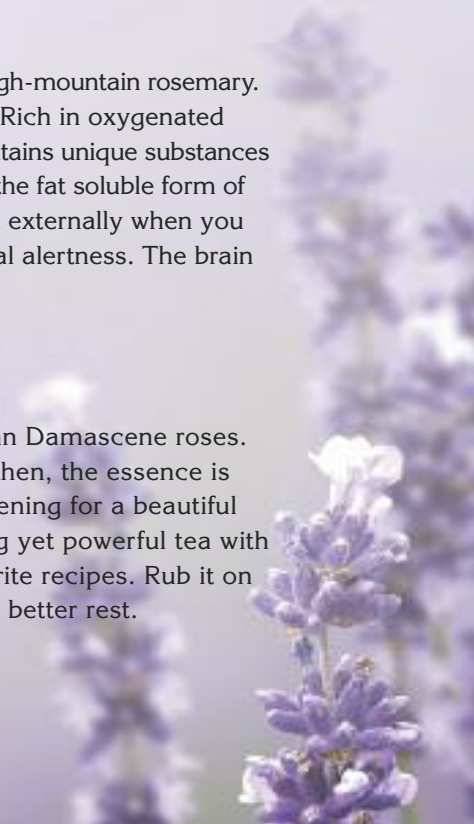
12 FL. OZ. (355 ML.)

Essence of Wild Rosemary is a steam extract of the rare, wild, high-mountain rosemary. A potent aromatic essence, it is a true fat soluble antioxidant. Rich in oxygenated compounds, rosemary essence has been used for centuries. Contains unique substances not found in rosemary oil. A top source of natural oxygen, it is the fat soluble form of rosemary. For a tonic effect splash on face. Use internally and externally when you need to be extra alert. A key supplement for supporting natural alertness. The brain loves it.

Essence of Rose Petals

12 FL. OZ. (355 ML.)

Essence of Rose Petals is made from the finest Mediterranean Damascene roses. At the break of dawn the petals are carefully gathered, and then, the essence is created. Use it on your face and eyes every morning and evening for a beautiful experience. Dab it on after a shower. Delightful as a soothing yet powerful tea with just a dash of honey. Use as a secret ingredient in your favorite recipes. Rub it on your wrist to delight the senses. Spray it on your pillow for a better rest.



Essence of Wild Sage

12 FL. OZ. (355 ML.)

Essence of Wild Sage is the highly oxygenated hydrosol of wild, mountain-grown sage. Like sage oil, it fulfills the old proverb “If there is sage in the garden, there will be no old age.” Take advantage of Essence of Wild Sage as a potent aromatic essence. A fat soluble essence ideal for penetrating all fatty membranes, it may be added to bath water for a soothing effect. For topical and internal use. Delicious as a tea for a calming, soothing affect. It’s used daily as a tea in the Mediterranean with wild honey.

Herbal-zzZ (100% raw, limited supply)

2 FL. OZ. (60 ML.)

There is nothing more effective in the realm of rest for getting your zzZs than wild roots and berries. Made from wild, raw mulberries, chokecherries, thimbleberries, and thimbleberry root, this is the real power of nature: the power of wild-source melatonin, dark-colored flavonoids, trace minerals, and more. Herbal zzZ is based upon the discovery in wild nature that these berries and roots are wild sources of the all-important and rare substance melatonin, a hormone essential for human health. Animals which consume these berries become restful, even taking naps. Even bears! Be at peace and rest well—with Herbal zzZ.

Lavenol

1 FL. OZ. (30 ML.)

The most aromatic, exotic lavender oil known, this is the true wild lavender, which grows in the high Mediterranean mountainous rock. Lavenol is ideal for relaxation. Makes a wonderful rub for the feet, shins, spine, and head. Enjoy the experience of this aromatic oil as a foot and body massage. A perfect relaxing rub for children and infants, use in small quantities. Be at peace with Lavenol, and enjoy the wonderful fragrance. If you are a lavender lover, it’s an experience you won’t soon forget.



Beautiful music, fine food, and delightful scents bring joy to the heart and enliven the soul.

—Judy Gray

Migra-Ex**90 VEGI CAPS**

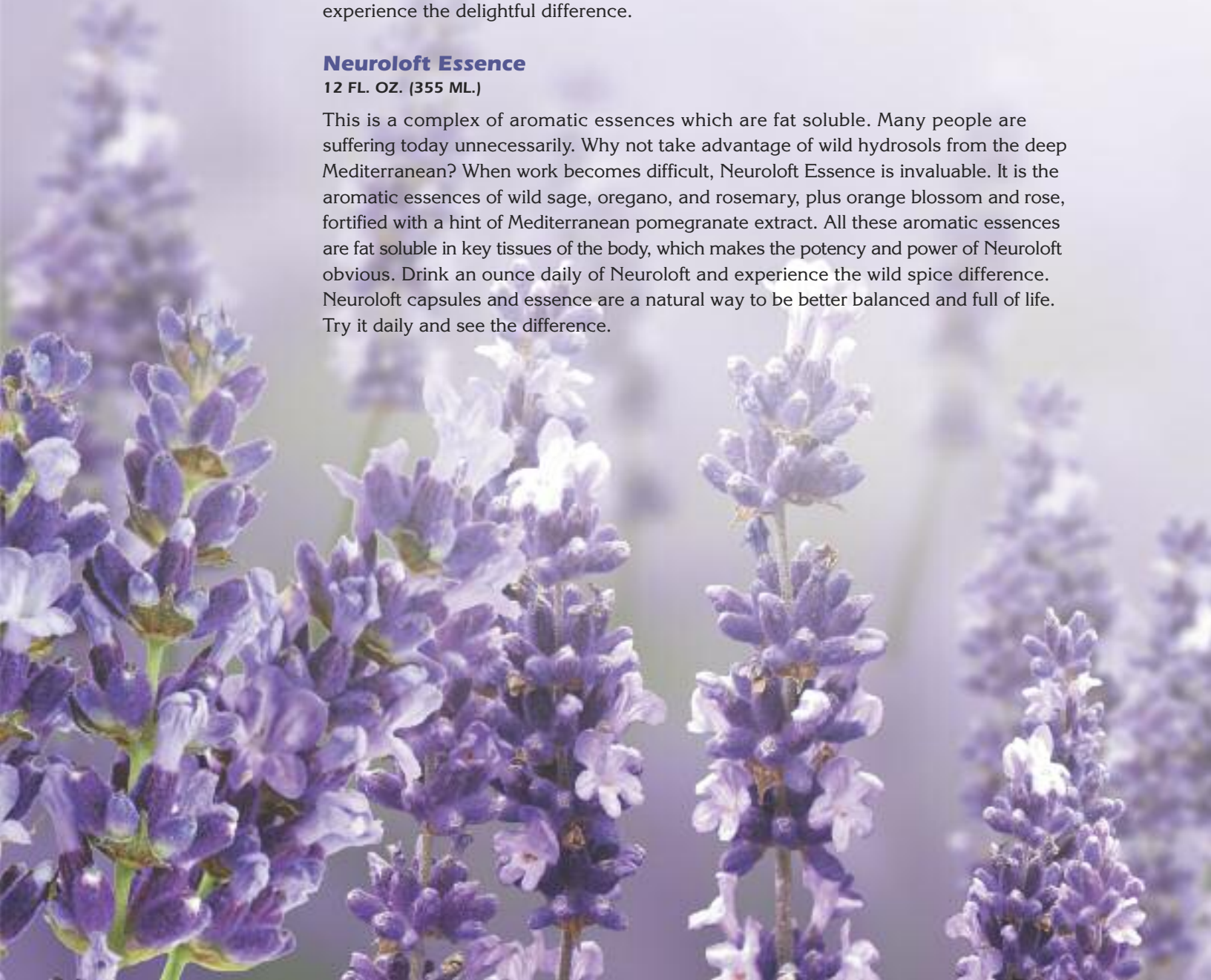
Migra-Ex is a powerful combination of wild herbs and spices for healthy nerve/brain support through the powers of wild rosemary, holy basil, wild hypericum, and royal jelly—all in the perfect combination for body balance. Truly potent, it is taken as needed, one or two capsules daily. Ideally, use it with Greens Flush; this combination will be an answer to your prayers.

Neuroloft capsules**60 VEGI CAPS**

Neuroloft is the natural herb/spice way to support the entire nervous system. The nervous system operates chemical messengers, derived from food, which activate and normalize it. That is why Neuroloft contains only the finest-quality, wild, high-mountain Mediterranean sage and rosemary, plus wild hypericum, *Ginkgo biloba*, and high 10-HDA royal jelly. These concentrates/extracts are rich in potent antioxidants as well as natural precursors to neurotransmitters and hormones. Take one to two capsules twice daily with meals. Ideally, take with Neuroloft Essence. Use daily and experience the delightful difference.

Neuroloft Essence**12 FL. OZ. (355 ML.)**

This is a complex of aromatic essences which are fat soluble. Many people are suffering today unnecessarily. Why not take advantage of wild hydrosols from the deep Mediterranean? When work becomes difficult, Neuroloft Essence is invaluable. It is the aromatic essences of wild sage, oregano, and rosemary, plus orange blossom and rose, fortified with a hint of Mediterranean pomegranate extract. All these aromatic essences are fat soluble in key tissues of the body, which makes the potency and power of Neuroloft obvious. Drink an ounce daily of Neuroloft and experience the wild spice difference. Neuroloft capsules and essence are a natural way to be better balanced and full of life. Try it daily and see the difference.



Quick Alert

1 FL. OZ. (30 ML.) 12 BOTTLE POP DISPLAY

After seeing multiple car and truck accidents while driving cross country, this formula seemed an absolute must. Plus, it's the student's answer for midterms and finals, and any other time to feel and think better faster. Whatever you learn, sticks. Thus, for calm energy, plus alertness and stamina, use Quick Alert every day. Unlike the jitters and shakes from a dangerous caffeine-high, QuickAlert is made from the finest chaga and a combination of naturally good brain and body enhancers that work so fast you'll be amazed. It's in a two shot bottle that fits in any pocket or purse. Stay alert and stay fully alive.



Rosemanol

1 FL. OZ. (30 ML.)

Rosemary oil is a powerful fat soluble antioxidant, nearly four times more potent than BHT, the synthetic antioxidant used in preserving foods. Rosemanol is rich in powerful fat soluble antioxidants known as phenolic acids, which include rosmarinic and carnosinic acid. Take internally or rub topically. Topically, it supports healthy circulation and lymph flow. As an antioxidant, add to any food which could spoil and especially to any cooking where oil is used. Great for any meat dish. Remember, according to the ancients, "Rosemary is for remembrance."

Sagenol

1 FL. OZ. (30 ML.)

Sage's powerful properties have been known throughout the ages. In medieval times sage was added to food to prevent spoilage, because of its rich antioxidant concentration. Sagenol is oil of wild sage in the finest extra virgin olive oil. An ideal fat soluble antioxidant, use internally as well as topically. Also makes an excellent flavoring for foods. When rubbed on the skin, it has a potent preservation action. Use on the skin for health and beauty. Topically or internally, Sagenol fulfills the old Arabic proverb, "Age never touches the person who has sage in his garden." Also effective as a dentifrice. Sage is associated with wisdom, and wise is the person who uses it frequently.

Sage-o-Soothe Tea

3.2 OZ. (90 gms) POWDER

Made from crushed, organic, wild, high-mountain sage leaves, Sage-o-Soothe Tea is pure herbal power from sun-charged wild sage. This is the whole food way to get the power of wild sage. Handpicked from remote regions in the wilderness, this mountain tea is potent, without caffeine. Sage-o-Soothe Tea has the power of photonic energy, the power of mountain rock, and the power of the sun. It is no wonder this tea has such a high ORAC of 129,600 per container. Wild sage is a natural source of calcium, phosphorous, and magnesium. Daily, this is a favorite drink of long-lived villagers. Drink your wild sage infusion every day for better health.



For ideal health every cell and organ of the body needs proper nourishment. Whole food vitamins and minerals offer maximum absorption and utilization. Synthetic vitamins made from coal tar and petrochemicals are toxic. Plus, these synthetics lack the cofactors needed for absorption, which are only found in the whole food source. NAHS has spent decades formulating the perfect line of wild, raw, unprocessed nutrient sources that the body can use—right away. Experience the difference that only whole food natural vitamins and minerals provide.

BetaPalm (natural raw African red palm oil)

12 FL. OZ. (355 ML.)

BetaPalm is crude, cold-pressed red palm oil from the wilderness of West Africa. Native to this region, West African palm oil is the highest grade known and is harvested in an ethical fashion without disturbing the environment. BetaPalm is the richest source of natural beta carotene known—15 times higher than carrots— plus it is a dense source of heart-healthy fats and a key form of vitamin E which is heart-healthy known as tocotrienols. BetaPalm is the richest, most ideal cooking oil possible. Unlike other oils, it has a high heat resistance. Since it holds the heat, it cooks food faster. Plus, with its rich amounts of beta carotene and tocotrienols it doesn't oxidize as easily as olive oil.

CocaPalm (natural wild red palm oil plus virgin coconut oil)

8 FL. OZ. (240 ML.)

CocaPalm is the original wild red palm oil and virgin coconut oil blend. Mainly in the form of the much sought-after tocotrienols, red palm oil has one of the highest known concentrations of vitamin E. It is also nature's richest natural source of beta carotene—15 times higher than carrots. With virgin coconut oil (cold-pressed), CocaPalm is an ideal source of medium-chain triglycerides, including lauric acid. It's the ideal mixture of tropical oils, far more nutritious and complete than coconut oil alone. Unlike other palm oils the red palm oil in CocaPalm is ethically produced by local African villagers, who pick the red palm fruit from wild trees. It's the best, healthiest cooking oil available and makes food beautiful when sautéing at low temperatures. Very tasty too.

Oil of Black Seed

12 OZ. (355 ML.)

A luscious, aromatic oil, black seed oil is the natural way to feed the cells of the body, including those of the circulatory system. A top source of essential fatty acids and other vital nutrients this is the true 100% cold-pressed Mediterranean black seed oil, along with wild rosemary oil, oregano P73 oil, and garlic oil for flavoring. Oil of Black Seed is a natural source of vitamin E, sterols, and vital omega-3s, -6s, and -9s. Ideal for the digestive system, it makes a tasty addition to any food such as salad, soup, or vegetables. A potent, aromatic food oil, it is a top source of monounsaturates and other heart-healthy oils. Oil of Black Seed is perhaps the best oil for feeding the heart muscle, while supporting arterial health. Also great for cleansing and supporting a healthy liver and gallbladder. An ideal oil for supporting healthy lung function.



PolarPOWER

60 CAPSULES ■ 8 OZ. (240 ML.)

PolarPOWER is the world's only truly whole food—and complete—wild fish oil. This is because, unlike other fish oils, PolarPOWER undergoes no processing. Thus, it contains the much-desired omega-3s plus vitamins A and D, all in a natural state. PolarPOWER is the only whole food fish oil from wild Alaskan sockeye salmon containing the full omega profile of over 30 essential fatty acids. That's why unfiltered PolarPOWER is unique, plus, unlike commercial types, where the vitamins A & D are synthetic, PolarPOWER contains only natural vitamin A (4,000 IU/teaspoon) and vitamin D (600 IU/teaspoon). Vitamins A & D work synergistically and must always be consumed together for best results. With more than 330 mg of EPA and 300 mg of DHA, PolarPOWER is also a top source of the potent antioxidant astaxanthin; note the brilliant coral color. This unrefined fish oil is ideal for all age groups. Available in capsules or liquid. Tested and proven perfect for human consumption. Also fed to tigers at the National Tiger Sanctuary as a major health aid for their skin, hair, and eyes.

Pumpkinol

12 FL. OZ. (355 ML.)

Pumpkinol is the whole food oil way to keep the body healthy, especially the glands. A delicious, nutritious oil, it is made from the seeds of a rare pumpkin which grows in the hills of Styria, Austria. The luscious, dark-green, chlorophyll-rich oil has been prized for centuries because of its nutritional value. In fact, in the 1600s it was so highly regarded as a medicine, it was only available in pharmacies. Pumpkin contains dozens of nutrients, including niacin, EFAs, potassium, phytosterols, and vitamin E. 100% cold-pressed extra virgin, this is the highest quality Austrian pumpkinseed oil available, providing 40% of the daily value of vitamin E per 2 tablespoons—natural, rich, and luscious. Most other pumpkin oils are made with high heat to extract a larger quantity of oil, resulting in low quality. Pumpkinol should not be used as a cooking oil. Use it in cold foods, salads, rice dishes, soups, and hot dishes at the end of cooking time. The flavor is extraordinary and the added nutrients are a treasure. Ideal for supporting and nourishing a healthy prostate and much more. The Austrians use it everyday, because it tastes so good and does so much good.

Positive thoughts breed positive, productive results. Avoid negative thoughts, and stay positive at all times with a clear and clean mind—all are necessary for superior health. Whatever is put into the body should only enhance it. This is the natural, divine law for a productive and happy life.

—Judy Gray





100% whole food vitamins:
coal tar-free

Purely-B (natural whole food vitamin B complex)

POWDER (400 gms)

The B complex is so important that it is impossible to live—and thrive—without it. Purely-B is the only truly natural B complex powder available. Made from a combination of rice bran/germ, torula yeast, and royal jelly, this is the most digestible, potent whole food B complex formula available. It is important that all the B vitamins are represented, including riboflavin and B12, because B complex vitamins work together. Natural B vitamins are always more readily absorbed than the synthetic; most people don't realize it, but what they are taking are synthetic B vitamins made from coal tar and petrochemicals. Bs are for the brain. Stay calm and happy with Purely B, which is the real power of essential, natural B vitamins. You will feel more energy and also less hunger. Free of all wheat, grains, soy, and milk.

Purely-C (wild-source camu camu vitamin C)

90 VEGI CAPS ▪ POWDER (120 gms)

Purely-C is the original wild, raw-source, natural vitamin C complex, providing the unique powers of handpicked wild Amazon River camu camu vitamin C plus flavonoids. Research shows vitamin C absorption increases dramatically when combined with bioflavonoids. In contrast to this wild, natural formula, synthetic vitamin C is genetically engineered. Thus, it's inferior to natural, flavonoid-rich vitamin C. Each capsule contains some 75 mg, or 125% of the daily value, all from camu camu berries, acerola cherries, rose hips, and *Rhus coriaria*. Perfectly absorbed into the body, it's the best way to benefit from vitamin C, a vitamin needed for the structure of all cells in the body, especially the connective tissues. Get your vitamin C naturally—and raw—and feel the Purely-C difference.



Kids Need Care by Judy Kay Gray, M.S.

SOFTCOVER 336 pages

Kids need powerful sources of nutrition. They also need spiritual guidance and much love. That's how they can have perfect health. It's all here in the internationally acclaimed book, *Kids Need Care* by NAHS president Judy Kay Gray, M.S.—Master of Science, with emphasis on nutrition. Infants, toddlers, children, teenagers and adults all need nutritional guidance and care. Now, discover why this book is the gold-standard nutritional reference for so many families. This book tells you what your family needs.

Purely-E (non-soy; non-GMO)**60 CAPS ■ 1 FL. OZ. (30 ML.)**

Purely-E is the purest, most complete vitamin E supplement available. It is a powerful alternative to genetically engineered, soy-sourced vitamin E, which contains toxicity from the GMOs. Purely-E is a proprietary blend of sunflower seed oil-source vitamin E, plus wild high tocotrienol red palm oil, and Austrian pumpkinseed oil. Purely-E is a complete source of all the tocopherols and tocotrienols in an easy-to-take capsule. Natural vitamin E supports healthy cell membranes. One capsule contains an impressive 2660% of the daily value of nonsynthetic, whole food vitamin E. You need it daily.

PurelyPak (whole food vitamin complex)**30 DAILY CAPSULE PACKS**

PurelyPak is the only truly natural, whole food nutritional enhancement system available. This is 100% whole food vitamins, essential fatty acids, cofactors, bioflavonoids, and powerful antioxidants. This is the only full spectrum vitamin supplement that is non-GMO and free of corn, soy, fillers, binders, and solvents. Made from the most wholesome ingredients, including sunflower seeds, rice bran, royal jelly, camu camu, New Zealand grass-fed beef liver powder, and wild sockeye salmon oil, PurelyPak is the ideal addition to every diet. There is nothing synthetic about it, no gimmicks—only the purest wild, raw nature. You get whole food vitamins A, C, D, E, and the entire B complex, EPA, DHA, astaxanthin, amino acids, and many minerals in a form that the body can readily absorb and utilize. That's because the biological activity of these natural vitamins is far higher than the synthetics, which are potentially toxic and essentially dead. Conveniently packaged as a daily serving. For the budget minded or for children, use one-half packet daily for a 60-day supply.

PureOmega**8 FL. OZ. (240 ML.)**

The original Peruvian sacha inchi oil, PureOmega is the ultimate Peruvian gold, the real treasure of the Incas. This organic oil is derived from the sacha inchi seed and is regarded as the secret behind the Incas' beautiful skin and good health. PureOmega provides the ideal omega fatty acid balance. It is over 50% omega-3s. It is also a great source of naturally occurring vitamin E. Thus, it supports healthy essential fatty acid intake, which in turn supports healthy skin, nails, hair, eyes, and more. The most digestible of all plant omega-3 supplements, this unique blend of omega fatty acids is the richest vegetable source known of essential fatty acids. That's why it is the ideal replacement for flaxseed oil. Because it is remote-source, PureOmega is free of all heavy metals, pesticides, herbicides, and other toxins. Great for salads and an ideal addition to yogurt or cottage cheese. PureOmega is the vegetarian way to get fish-oil precursors. It's delicious and well tolerated and far superior to flax oil. So stable that it doesn't require refrigeration, even after opening.



Non-soy, non-GMO
vitamin E—high potency



100% raw whole food
vitamins and fatty acids

The heart and arteries are crucial organs for survival. With all the stresses of life they work hard—and they are easily strained. Thus, to thrive they need all the support they can get. Give them that support through the power of wild, raw spices, whole food herbs, natural grape extracts, and vital cold-pressed food oils. NAHS gives you the very best ‘heart food’ available. NAHS’s food concentrates and wild herbs are precisely what the heart and arteries need for optimal health.

Cholestamin

90 VEGI CAPS

Cholestamin is truly a potent way to naturally support healthy cholesterol. Its active ingredients, crude red grape flavonoids, northern Pacific kelp, garlic, and remote-source cummin, are ideal for healthy cholesterol support. Red grape flavonoids support a healthy cardiovascular system. Cholestamin is potent. It is your natural answer for healthy circulation, and the nourishment needed to support healthy cholesterol levels. Regardless, anyone can benefit from such nutrient-rich ingredients. Experience the results you will love.

Resvera-Flo

4 FL. OZ. (120 ML.)

Resvera-Flo is the only resveratrol/ellagic acid supplement exclusively from the richness of grapes. The source is a combination of muscadine grapes plus wild, handpicked, raw purple grapes. It’s so potent you can feel it right after taking it. Plus, it is delicious. A natural source of wild resveratrol and ellagic acid plus raw enzymes from wild grapes and skins, Resvera-Flo contains both ellagic acid and resveratrol in dense amounts, which is unheard of in a natural, nonsynthetic grape supplement (132 mcg of resveratrol per serving). A true whole food, not an extract. Add to drinking water for an exotic taste and for energy. This is the whole food way to make the body happy and healthy.

Resvital (whole red sour grape powder)

90 VEGI CAPS ▪ POWDER (120 gms)

A crude, raw, red sour grape powder, Resvital is a sun-dried formula full of photonic energy and contains naturally occurring resveratrol, malic acid, tartaric acid, and vitamin C, all of which are needed for circulation. It also contains naturally occurring chromium. In whole foods, sources of chromium are rare, and this mineral is essential for supporting a healthy pancreas, which is responsible for the body’s blood sugar mechanism. It is also needed for the healthy support of all muscles in the body, including the heart. Only the whole grape—the skin, seed, and sour pulp—is used. Let the bulk powder slowly dissolve in the mouth for maximum potency, or add to a favorite beverage or smoothie. Also available in capsules for easy use. Great on food, especially fish, stir-fry, soups, and cooked vegetables. Use Resvital daily as a way to get natural-source resveratrol and other grape polyphenols, without the sugar or alcohol. An ideal resveratrol formula, you’ll love its tangy taste.



Sesam-E (Turkish-source crude cold-pressed sesame seed oil)**12 FL. OZ. (355 ML.)**

Sesam-E is the most aromatic, potent sesame oil known. This is the truly cold-pressed type, remote-source, grown on nutrient-dense soil in the Mediterranean mountain plateaus. It is fortified with coriander oil, fenugreek oil, and wild oregano oil, which accounts for its unusually high degree of potency. Sesam-E contains readily digested forms of vitamin E, selenium, B vitamins, omega-3s, trace minerals, and antioxidants, which makes this a whole food. Plus, it contains its own special antioxidant, sesamol, which is some 10 times more powerful than vitamin E. It is well known that those who regularly consume sesame foods live a long, active, robust life. Use it to feed the heart and all else that makes a person powerful with the potent natural compounds of this seed, including the vitamin E-like sesamol.

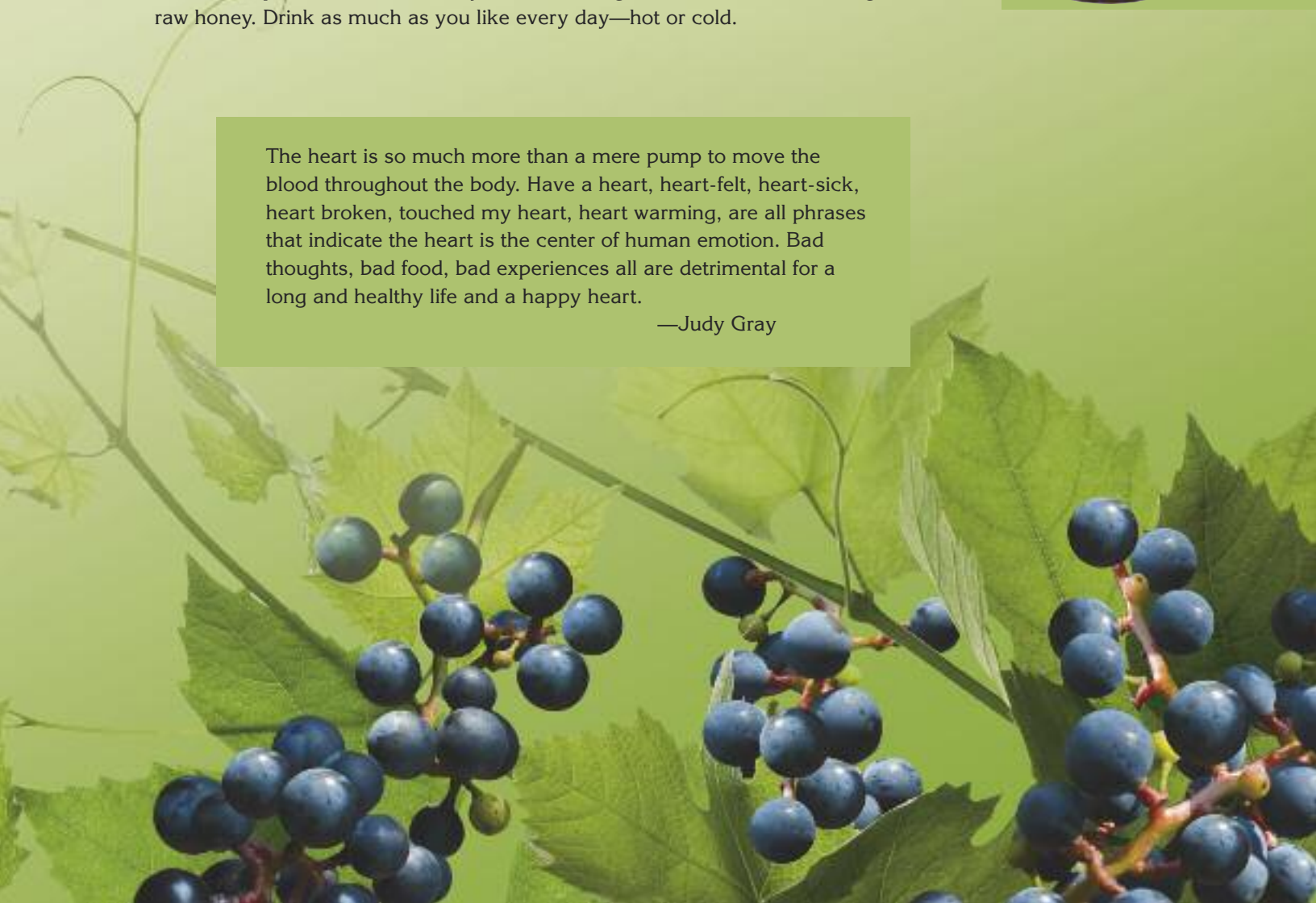
Hearty-Hibiscus Tea**5 OZ. (141.747 gms) POWDER**

A wild hibiscus flower tea, Hearty-Hibiscus is one of the most powerful sources of dark red polyphenols and flavonoids known. The hibiscus flower is completely edible and has been used for human health for untold centuries. People have used it since the earliest times. Hearty-Hibiscus is a natural source of key heart-healthy minerals, including magnesium, copper, and manganese. Incredibly, a mere tablespoon of the tea powder contains a whopping 62 mg of magnesium, which is 16% of the daily value, and a massive 9.2 mg of manganese, which is some 500% of the daily value. The ORAC per container of Hearty-Hibiscus is high at 31,524 units. Tastes great with raw honey. Drink as much as you like every day—hot or cold.



The heart is so much more than a mere pump to move the blood throughout the body. Have a heart, heart-felt, heart-sick, heart broken, touched my heart, heart warming, are all phrases that indicate the heart is the center of human emotion. Bad thoughts, bad food, bad experiences all are detrimental for a long and healthy life and a happy heart.

—Judy Gray



Nothing is as potent and healthy as cold-pressed, wild, raw berry extracts. From the most remote parts of this world, these extracts are full of energy and sun-charged power. What a way to cleanse and revive: the true and real raw power of wild nature.

BerriMax (wild, raw multiple berry drops)

2 FL. OZ. (60 ML.) ■ 90 CAPSULES

Cold-pressed, BerriMax is the most potent, wild, raw, remote-source berry extract available. Made from eight different wild berries, there is nothing else like it. This is a raw extract, which means all the nutrients are intact, as well as the native, raw energy from the sun. The berries used in BerriMax contain powerful antioxidants, which are high in ORAC scores. These berries are rare and difficult to find.

The rawness is why BerriMax is so powerful. Anyone can tell by its taste and color that this is the most potent, unaltered, and original wild berry extract available. All other berry extracts are cooked. The rawness also ensures another key attribute, which is the preservation of the sun's energy, known as photonic power. The photons are potent substances that benefit all people. Makes a delicious addition to springwater (about 40 drops per bottle). BerriMax is the basic formula that everyone should take, 20 to 40 drops daily. Now available as convenient vegi caps with air-dried and freeze-dried multiple berry powders. Use daily for optimal health. Ideally, combine with RaspaMax capsules.

Brambenol (wild, raw blackberry drops—limited supply)

2 FL. OZ. (60 ML.)

Single berry extracts are also crucial. Brambenol is the only truly wild, remote-source northern blackberry extract available. These remote-source blackberries are hard to find and pick. Each wild blackberry is a treasure. They are an unusual species which grows within the forests. These berries thrive in remote regions away from human activity. A rich source of flavonoids, minerals, and vitamins, Brambenol is highly nourishing to the body. It's delicious, so add to juice or smoothies. Known to support and nourish the nervous and respiratory systems, a mere 20 to 40 drops daily gives the body the power it needs—that is the North American Herb & Spice wild, raw guarantee.

Lingonol (wild, raw lingonberry drops—limited supply)

2 FL. OZ. (60 ML.)

Made from wild arctic lingonberries, which are cherished for their health-giving properties, Lingonol is the most rare and remote-source of all berry extracts. Lingonberries are potent, scoring some four times higher in antioxidants than blueberries. Studies confirm that wild lingonberry has powerful health-supporting properties, due to its rich content of polyphenols and flavonoids. Take as drops, or for refreshment, add 20 or more drops to a bottle of spring or sparkling water. With Lingonol, you get the highest quality conceivable, handpicked and extracted from remote northern forests near the Arctic Circle. These tiny berries take great effort to find and pick them by hand. Investigate the science behind this powerful berry. You will be impressed.



100% raw berry extracts—
highly cleansing

RaspaMax

60 VEGI CAPS ■ 3 OZ. (85 grams) POWDER

RaspaMax is the original and complete raspberry supplement, since it contains both red and the more rare black raspberry concentrates. It's maximum strength with freeze-dried black raspberry and organic air-dried red raspberry complexes, complete with all the natural raspberry ketones and much more. Raspberries are a top source of the rare ellagic acid, along with dozens of other flavonoids, including anthocyanins. That's why RaspaMax supports whole body health. Use the luscious powder in juice, smoothies, and even in cooking. Use in salad dressings for a luscious flavoring or in marinades and meat sauces. Available also in convenient vegi caps; use daily for optimal health.

Raspenol (wild, raw, red raspberry drops—limited supply)

2 FL. OZ. (60 ML.)

An exotic extract, this is made from wild, raw, red raspberries growing in the most remote regions of the world. Immediately after picking, the berry essence is cold-pressed. The only raw, wild, red raspberry extract available, it is a potent source of wild ellagic acid, the powers of which are well publicized. Because it is raw all the powers of the ellagic acid—and the enzymes—are intact. The benefits of red raspberry, especially for females, are legendary, including healthy support of the digestive system and female reproductive system. Take as drops, or for refreshment add 20 drops to a bottle of spring water. A great, healthy addition to childrens' diets.

Rubinol (wild, raw, black raspberry drops—limited supply)

2 FL. OZ. (60 ML.)

There can be nothing more rare and potent than Rubinol. Black raspberries are the most difficult of all berries to find. This is the complete extract of the rare, wild, black raspberry, each being carefully handpicked. That's why there is no other black raspberry extract like Rubinol. With Rubinol both the fruit and the seed are extracted using only natural spice oils. Plus, it is completely raw, so the enzymes are intact. Rubinol is a top source of the highly potent flavonoids ellagic acid and cyanidin-3-O-rutinoside. Read about the power of wild, black raspberries. You will be amazed at the research—and surely impressed with the results of the daily intake of this exceedingly rare extract.

Sooth-eez Throat Spray (pin cherry version, limited supply)

2 FL. OZ. (60 ML.)

This is the most potent throat spray available. Sooth-eez contains wild, raw pin cherry extract, wild pin cherry bark extract, wild, raw honey, wild oregano oil (P73), cinnamon bark oil, and wild sage oil. This great tasting, rapidly effective throat spray includes the exceptionally rare wild, raw pin cherry from the far northern Canadian forests. Spray your throat and feel the soothing relief. The use of wild pin cherry and its bark by Native Americans is legendary.



Wild chaga is what you need to support physical, mental, and emotional energy. Only handpicked wild chaga is known as the “King of the Forest” and “Gift of God.” True chaga takes decades to grow. Beware of cheap imitations rapidly grown in laboratories. Only wild chaga has the full spectrum of nutrients—SOD, beta glucan, B complex, and antioxidants in exceedingly dense amounts. Moreover, SOD, superoxide dismutase, is crucial, since it is the most powerful antioxidant substance known and is associated with a healthy, long life. Wild chaga is the richest source of this substance known. Synthetic chaga is 1/1000th as strong as the real thing.

Chag-o-Charge Tea

3.2 FL. OZ. (90 gms) POWDER

For survival everyone needs Chag-o-Charge Tea. This is the original chaga mushroom tea with synergistic white- and inner-birch bark and Amazon purple maca, the most nutritious hot beverage known. Get the massive potency of wild chaga plus birch bark—rich in the well-published betulin and betulinic acid—in a delicious way. Chaga is the top source of SOD, which keeps cells healthy, and it contains all the known vital B vitamins. Maca is plentiful in minerals plus B vitamins. Birch bark is a top source of plant sterols, especially betulin and betulinic acid, plus it is a supremely potent antioxidant with an ORAC of over 118,000 per 100 grams. Drink this wild tea and feel the difference—this is real potency without the caffeine. You’ll get the charge you need but not the jitters.

ChagaBlack

5.1 OZ (145 gms) POWDER

ChagaBlack is the original, wild forest coffee substitute. It is a special concentrate of wild black chaga plus wild rose hips, tamarack bark, and birch bark, all of which are potent antioxidants with an exceptionally high ORAC value. ChagaBlack is a superbly dense source of sterols, polyphenols, betulin, and betulinic acid. It is also a source for vital trace minerals such as copper, iron, magnesium, phosphorus, and potassium, as well as a natural source of B vitamins and the potent antioxidant SOD, making ChagaBlack much more than a mere coffee substitute. You’ll feel the power. An ideal way to eliminate coffee from the diet—for better health.

ChagaWhite

5.1 OZ (145 gms) POWDER

ChagaWhite—the latté form—is the original, wild forest black coffee substitute with powdered, organic whole milk. Far more nutritious than coffee, it contains a special concentrate of wild black chaga with the finest-quality, organic whole milk from grass-fed cows. With aromatic organic cinnamon and wild vanilla, it’s delicious beyond belief. It’s a natural way to get B vitamins, especially panthothenic acid and riboflavin, plus minerals and antioxidants. Add one teaspoonful or more to a cup of boiled water for an exotic, delicious, and powerful drink. It’s nutritious, and delicious—what a combination.



Chag-o-Power (wild, raw chaga mushroom emulsion)

2 FL. OZ. (60 ML.)

A true raw emulsion, Chag-o-Power is a proprietary blend of wild, raw chaga mushroom with spice oils, to be taken as sublingual drops for quick absorption. Chaga contains significant quantities of virtually every known nutrient and is especially high in betulin, betulinic acid, beta glucan, and SOD (superoxide dismutase) enzyme. There is significant research, worldwide, regarding the powers of wild chaga. This is a powerful form of chaga, because it is raw and enhanced with Oreganol P73. For best results take 20 or more drops every day—any time of day.



ChagaMax 90 VEGI CAPS ■ 12 CAPSULE CONVENIENCE PACK.

Conveniently available in capsules fortified with wild oregano and birch bark, which increases its powers, that's why it is called ChagaMax. It's the perfect way to benefit from chaga for people on the go and also for a daily intake. One or two capsules a day makes this a value— a 45-day supply. ChagaMax is 100% raw. It's the perfect solution for those who want the power of wild spice oregano and the strength from chaga. It is a potent formula to the extreme. Also available in a blister pack for reliable on-the-go power and support.

ChagaBoost Strength Drink 8 FL. OZ. (240 ML.)

ChagaBoost is a special drink made from wild, raw chaga along with muscadine grape skin extract. This is a unique, highly concentrated form of chaga, known as Siberian black. With an ORAC of 2450 per ounce, a daily dose gives great power. Use this as an energy drink for daily activity or before a workout. Simple to use; no preparation is required. For sports events and marathons there is nothing like it.

Chaga Dunkers Tea 12 UNBLEACHED REUSABLE TEA BAGS

For the purist there is Chaga Dunkers. Chaga Dunkers are made with wild Canadian and Siberian chaga, a potent source of antioxidants and nutrients. Just pure, wild chaga nothing added. Chaga has it's own unique taste, experience it. Feel the power of pure wild chaga infusion as it goes right into your system. Since our wild chaga is carefully cleaned, specially and uniquely prepared, then micropulverized, you gain all possible benefit from this rare, wild survival food. With Chaga Dunkers reusable tea bags you can dunk and dunk again. Save money and enjoy all the benefits of wild chaga in organic tea bags which are safe to use and reuse.



ChagaSyrup

4 FL. OZ. (120 ML.) ■ 8 FL. OZ. (240 ML.)

This is a delicious and versatile way to get the power of chaga. Use ChagaSyrup in hot drinks, in yogurt or on cheese. Makes a luscious chaga milk. This is the preferred form of chaga for children. The taste is yummy, a super-treat for power and energy.

ChagaHeal (skin rejuvenation) & ChagaCream (facial treatment)

2 FL. OZ. (60 ML.)

ChagaHeal is the most exotic, potent, all-natural cream available. Ideal for applying to any skin condition, get the wild power of spice oil-infused chaga mushroom for your skin—the antioxidant power of wild-source superoxide dismutase, natural sterols, and much more. ChagaHeal has a beeswax base with wild bay leaf oils & wild sage oils, cumin oil, rose water, and wild oregano oil—all for keeping the skin beautiful. Rich in melanin it is the ideal sun block, while soothing for sunburn.

Highly sophisticated, Chaga Face Cream is powered with oils of wild myrtle, bay leaf, lavender, sage, and cumin plus wild chaga in a base of organic beeswax, cold-pressed sesame and black seed oils. This is the most nourishing, activating face cream available. Plus, it contains raw royal jelly, a natural source of wild collagen with real B vitamins, along with something incredible: wild black raspberry extract, a rich source of ellagic acid. Get the wild power of spice oil-infused chaga mushroom for your skin—the antioxidant power of wild-source superoxide dismutase.

ChagaCHUNKS (dairy)

4 OZ. (113 GRAMS) PLAIN & CREAMY ■ 4 OZ. (113 GRAMS) NUTS & RAISINS

With the power of wild chaga from remote northern forests, ChagaChunks are super-treats that make you smile. Get the energy you need deliciously with the powerful nutrition of the finest wild/organic ingredients: raw cocoa butter, rice bran, organic whole milk powder, sunflower lecithin, and carob powder. Super-nutritious, they're packed with fatty acids, amino acids, vitamins, minerals, enzymes, SOD, flavonoids, and much, much more. Also available with wild pecans and organic raisins. ChagaChunks are delicious and nutritious beyond compare. Great for after school snacks.

ChagaCHUNKS (non-dairy)

4 OZ. (113 GRAMS) PLAIN & CREAMY ■ 4 OZ. (113 GRAMS) NUTS & RAISINS

With wild chaga from remote northern forests, ChagaChunks are super-treats that make you feel powerful. Get the energy you need deliciously with potent nutrition from the finest wild/organic ingredients: raw cocoa butter, sunflower seed butter, rice bran, sunflower lecithin, and carob powder. Super-nutritious, they're packed with fatty acids, amino acids, vitamins, minerals, enzymes, SOD, flavonoids, amino acids, and more. Also available with wild pecans and organic raisins. ChagaChunks are tasty and healthy beyond compare. Great for vegetarians and vegans too. Yum! These are a real treat for those allergic to milk products. Children love them, children need them; they are rich in most every nutrient needed.



Finest ingredients, handmade

Crude, raw honeys, unfiltered and chemical-free, are rare. They are the healthiest kind, because heat destroys nutrients and kills the enzymes. All NAHS honeys are raw-extracted, produced by bees never fed sugar. So, these honeys are exceptionally potent and well-digested. Yacon syrup is also extracted raw. Other concentrates, like pomegranate syrup, are gently extracted with steam.

Yac-o-Power & Yac-o-Power-PLUS

5 FL. OZ. (150 gms) ■ 60 VEGI CAPSULES.

Yac-o-Power is true, raw, organic yacon root extract, the only raw type available. This is organic yacon root grown in the remote Peruvian mountains on purely organic soil. This is why it has such a delicious flavor. Yacon extract is a natural sweetener that is safe for diabetics, because of its zero glycemic index. It is also a natural source of inulin and FOS. The inulin and FOS make the Yac-o-Power a prebiotic as well. Add to your favorite beverage, foods, or smoothies. Nonreactive for people with blood sugar disorders. Just what the gut needs. Yac-o-Power PLUS capsules, both pre- and probiotic, are also available to establish good gut flora and weight loss.

PomaMax (remote-source, sour pomegranate concentrate)

12 FL. OZ. (355 ML.)

PomaMax is the only 100% natural, mountain-grown, sour Mediterranean pomegranate concentrate available. This is completely different than the other types; all other sources are derived from commercial pomegranates. Notice the exceptional taste and color of this virgin pomegranate extract with no bitter aftertaste. Pomegranate is rich in flavonoids which naturally support the health of the heart and arteries. It is richer by weight in antioxidants than virtually all other common fruit and vegetables. Can be mixed with sparkling water for a refreshing drink or used as a flavoring for your favorite dish or even right out of the bottle. PomaMax has twice the ORAC power of the commercial types. Mediterranean-source concentrates are the most potent source of pomegranate flavonoids. The taste is luscious: enjoy.

Raw, Wild Oregano Honey

9.4 FL. OZ. (266 gms)

Cold-extracted and enzyme-rich, this luscious honey is a true remote-source mountain food made from the blossoms of wild oregano plants. Dark in color, it is one of the most mineral-rich honeys available. Wild Oregano Honey is collected from nectar arising from the mountains some 8000 feet above sea level. Support the local villagers and buy this nutritionally rich caramel-like honey. Highly digestible, Wild Oregano Honey is the real whole-food honey from bees never fed sugar, an excellent source of natural vitamins and minerals in an absorbable form. The ideal real, raw honey, good for all ages.

Raw, Wild Mediterranean Flower Honey

9.4 FL. OZ. (266 gms)

This honey is so aromatic it tastes like flowers, pure as Paradise. Floral essences, captured by the bees, are of great value to the body and are highly calming. This is why this honey is so soothing. Wild Mediterranean Flower Honey is the real honey from bees never fed sugar. It's like eating the fragrant wild flower essence directly from the mountain slopes. This is a nourishing way to sweeten your life.



100 % raw from bees never fed sugar.

Made by the endocrine glands, the hormones are the most powerful of all substances in the body. Support healthy glands through the power of whole food concentrates, which contain all the natural hormones that nourishes them, plus prehormones, which they greatly need.

EstroNorm (specialist whole food formula for female support)

90 VEGI CAPS

EstroNorm is the natural, herb/spice formula for female balance. Safe and, in fact, ideal for daily use, it is a unique blend of premium-grade royal jelly, wild northern Pacific kelp, fennel extract, pantothenic acid, and rosemary. This combination is potent for supporting healthy hormonal balance. EstroNorm helps feed the body tissues and glands naturally—and all women need this. Contains no animal estrogens. This is nature's way to support the female system. Take advantage of it, and feel the potency and difference of this unique natural formula.

Mac-o-Power•Plus

2 FL. OZ. (60 ML.)

Mac-o-Power•Plus is the only fresh, raw mountain organic maca extract available. This is the rare purple maca, which is the most powerful type, along with purple corn and yacon root, all from the Andes Mountains. These powerful plants and vegetables are kept in a raw state to preserve their potent enzymes and other nutrients. All other maca extracts are cooked or alcohol extracted. That's why raw Mac-o-Power•Plus is far more powerful than those that are chemically or heat extracted. When choosing a maca supplement, it is essential that only the true raw variety be used for maximum benefit. This is raw liquid power, 100% organic and remote-source.

ProstaClenz

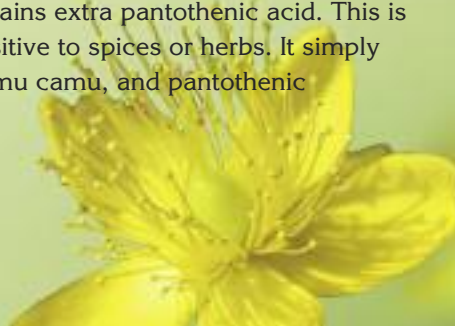
60 VEGI CAPS

ProstaClenz is a potent supplement, more unique than mere saw palmetto. It is a combination of pumpkinseed oil extract with edible and wild antioxidant herbs and natural flavonoids. The pumpkinseed oil extract used in ProstaClenz is concentrated 10:1. The oil is extracted from pumpkins which grow in the Alpine foothills and are the most nutritious in the world. The oil, cold-pressed from the seeds, is rich in essential fatty acids, vitamin E, and carotenoids. To meet European standards it is converted to a potent powder concentrate. This pumpkinseed oil powder is fortified with wild rosemary powder, wild hypericum extract, and wild, high-mountain oregano for a truly unique supplement. The best results are achieved if combined with the Oreganol P73. Use on a daily basis or as needed. Works wonders for men.

Royal Kick (raw, lyophilized royal jelly with pantothenic acid)

90 VEGI CAPS

This is the original NAHS royal jelly formula, similar to Royal Power but without the rosemary and sage. Royal Kick also contains extra pantothenic acid. This is the royal jelly formula to use for anyone sensitive to spices or herbs. It simply contains raw, lyophilized royal jelly, wild camu camu, and pantothenic acid. A great adrenal support formula.



Royal Power (raw, undiluted triple strength royal jelly plus herbs)**90 VEGI CAPS**

Royal Power has the power of undiluted, lypholyzed royal jelly fortified with wild rosemary and sage. This triple-strength (3x) royal jelly is dried under nitrogen to a raw powder. It is the highest source of the active ingredient 10-HDA, which is a rare hydroxy acid only found in royal jelly. To support a healthy hormone system Royal Power provides a host of nutrients, including amino acids, collagen, albumin, riboflavin, pyridoxine, and pantothenic acid, plus naturally occurring steroids, which are vastly needed by the adrenals. Camu camu provides a source of whole food vitamin C, which is lacking in royal jelly. Crushed, wild sage and rosemary offer synergistic powers for supporting healthy adrenals. Ideally, take with Royal Oil, Purely-C, and Purely-B. Healthy adrenals need the Royal Power nutrients/herbs for ideal support. Take in the morning and feel the difference all day long. Or, take it whenever you need it.

**Royal Oil (raw royal jelly/pumpkinseed oil emulsion, paste form)****2 FL. OZ. (60 ML.)**

Chronic fatigue is often caused by weak adrenals. Royal Oil is the most potent raw, whole food royal jelly formula known. It combines fresh, undiluted royal jelly with cold-pressed pumpkinseed oil and a natural spice oil blend. Tasty and rich, unlike other forms of fresh royal jelly it is completely and naturally stable and requires no refrigeration. Royal jelly, the main ingredient, is a top source of B vitamins, amino acids, fatty acids, steroids, and phospholipids, all of which are essential for adrenal nourishment and more. It is also the richest natural source of pantothenic acid, which is essential for the function of the adrenal glands. Tolerated by all ages, and also pets, Royal Oil is a true whole food. Feel the difference from this potent whole food. Relax, be calm, sleep well. Safe for all ages; ideal also for pets. Also a great preworkout formula.

Thyroset (wild-source, thyroid-supporting kelp-plus)**90 VEGI CAPS**

Thyroset is a combination of crude wild, raw kelp plus tyrosine and wild herbs. This combination feeds the thyroid gland with all that it needs for support, including amino acids, iodine, sea minerals, chloride, and bromine. Thyroset is unique, because it contains naturally occurring iodine from wild kelp which supports healthy T3 levels. The body readily uses such natural balanced sources, which are safe but also potent. Thyroset is the vegetarian way to support a healthy thyroid. The ideal daily whole food thyroid supplement.

**Oregulin****90 SOFTGELS ■ 180 SOFTGELS ■ 1 FL. OZ. (60ML)**

Oregulin is the most potent spice oil complex available for supporting the body's natural and healthy blood sugar response. Oregulin is a complex of high-mountain, wild spice oils, including oils of myrtle, cinnamon, fenugreek, cumin, and oregano.

Children truly need care. Nature gives this care in a safe and potent way. Use wild, raw nature at its best for your children, the divine-source way to give them exactly what they need. This is care and protection, without risk—without any chemicals or synthetics of any kind. For healthy, happy kids give them kid•e•kare. They deserve it.

kid•e•kare All-Omega

2 FL. OZ. (60 ML.)

All-Omega is the complete omega-3 complex children need. It has everything—omega-3s, -6s, and -9s, plus natural EPA and DHA, and natural vitamins A and D (no dangerous synthetic vitamins A and D). That's why it is called All-Omega. Now, infants and children get all the fatty acids, phospholipids, and fatty vitamins they need in one supplement. All-Omega is made from wild, unprocessed sockeye salmon oil (low to no mercury), black raspberry seed, cranberry seed, and sacha inchi oils. Highly nourishing for the child's development for the entire body, All-Omega gives infants, children, and teenagers optimal health. Ideal for pregnant and nursing women. Tasty, too!

kid•e•kare Attention Drops

1 FL. OZ. (30 ML.)

Attention Drops are an ideal natural rub for children. This formula contains wild bear root oil and oils of rosemary, lavender, sage, and oregano P73. This is a truly natural formula made of wild aromatic oils ideal for everyday use. Use also internally. Ideally, use with kid•e•kare Mighty Kids. Rub on the forehead, back, chest, and soles of the feet. For ideal health take it every day as drops. Add to juices, smoothies, and water.

kid•e•kare DetoxiDrops

2 FL. OZ. (60 ML.)

DetoxiDrops help support children's health with wild zeolite and red bentonite clay activated with spice oils. Research has determined that zeolite and bentonite support healthy cleansing, including the removal of noxious metals. In addition zero glycemic yacon syrup adds a delicious flavor while also supporting the natural intestinal flora. DetoxiDrops is ideal for all children. It's essential in a polluted world.

kid•e•kare Ear-eez

1 FL. OZ. (30 ML.)

This formula contains powerful, yet soothing, fast-acting spices of cold-pressed garlic oil, cold-pressed black seed oil, wild sage oil, and wild bay leaf oil. For centuries these oils have been used for the ear. Used topically, it can be rubbed liberally on and around the ear. Can be safely swabbed into the ear. Also may be taken internally and/or under the tongue.

kid•e•kare Rubbing Oil

1 FL. OZ. (30 ML.)

With supplements, children are picky. With kid•e•kare Rubbing Oil just apply it directly on the skin. Only the finest natural spice and herb oils are used. Rub all over the body, especially the spine, chest, shins, bottom of feet, and behind the ears. Avoid contact with genitals and eyes. Safe for all ages, apply as often as needed.



kid•e•kare Flush-eez

1 FL. OZ. (30 ML.)

kid•e•kare Flush-eez is made with raw, cold-extracted, stabilized wild greens, specifically wild dandelion, burdock, and nettles. Because they are raw, these wild greens help support natural regularity. An excellent choice to give on a regular basis, this formula is ideal for children. Help children with their systems where it is most needed. Take internally, 10 or more drops as needed. Good for the tummy.

kid•e•kare Oweez

1 FL. OZ. (30 ML.)

Children often hurt themselves doing a variety of activities. Oweez is the ideal topical oil for any cut, scrape, bruise, burn or sprain. Unlike chemical antiseptics, with Oweez there is no risk for toxicity. Apply topically and use as often as needed. May be used along with raw oregano honey for wound healing as well as burns.

kid•e•kare Mighty Kids

2 FL. OZ. (60 ML.)

Mighty Kids is the original undiluted 3x royal jelly paste in a tasty form. This is the type of royal jelly that children consume freely—with carob molasses. Royal jelly, the main ingredient, is a top source of B vitamins, amino acids, fatty acids, steroids, and phospholipids, which are essential for development. Children often become weak unnecessarily, and a bit of condensed nourishment is ideal for their better health. That is the power of Mighty Kids.

kid•e•kare Wild Cherry Throat Spray

1 FL. OZ. (30 ML.) also available in wild berry flavor

Handpicked wild pin cherries are what make kid•e•kare children's throat spray so powerful. Flavonoids in wild berries help ease the throat, while providing essential vitamins and nutrients. This children's spray is enhanced with wild cherry bark extract and raw honey. Spray in mouth and/or throat as needed. The perfect combination with kid•e•kare gelcaps. Kids love it and so do their parents.

kid•e•kare Wild Spice Power

60 GELCAPS

This is the wild oregano P73 formula for children. Kid•e•kare Gelcaps are made with wild oregano oil P73 plus ginger and organic extra virgin olive oil. They are specifically designed for children, because they are easy-to-swallow and ideal for sensitive stomachs. The contents of the gelcap may also be mixed with food. This formula goes great with the kid•e•kare Rubbing Oil.

kid•e•kare OregaDrops

2 FL. OZ. (120 ML.) cinnamon-flavored or mint-flavored

For young ones liquids are ideal. Children take this well, and it can be given directly or mixed in water, juice, or milk. Cinnamon- or mint-flavored OregaDrops can be given daily to keep infants and children as healthy as possible—or whenever it is needed. Mycelized for easy absorption, it's perfect for infants and children where the absorption of oils and fats is sluggish. Two flavors to fit all children's taste preferences.

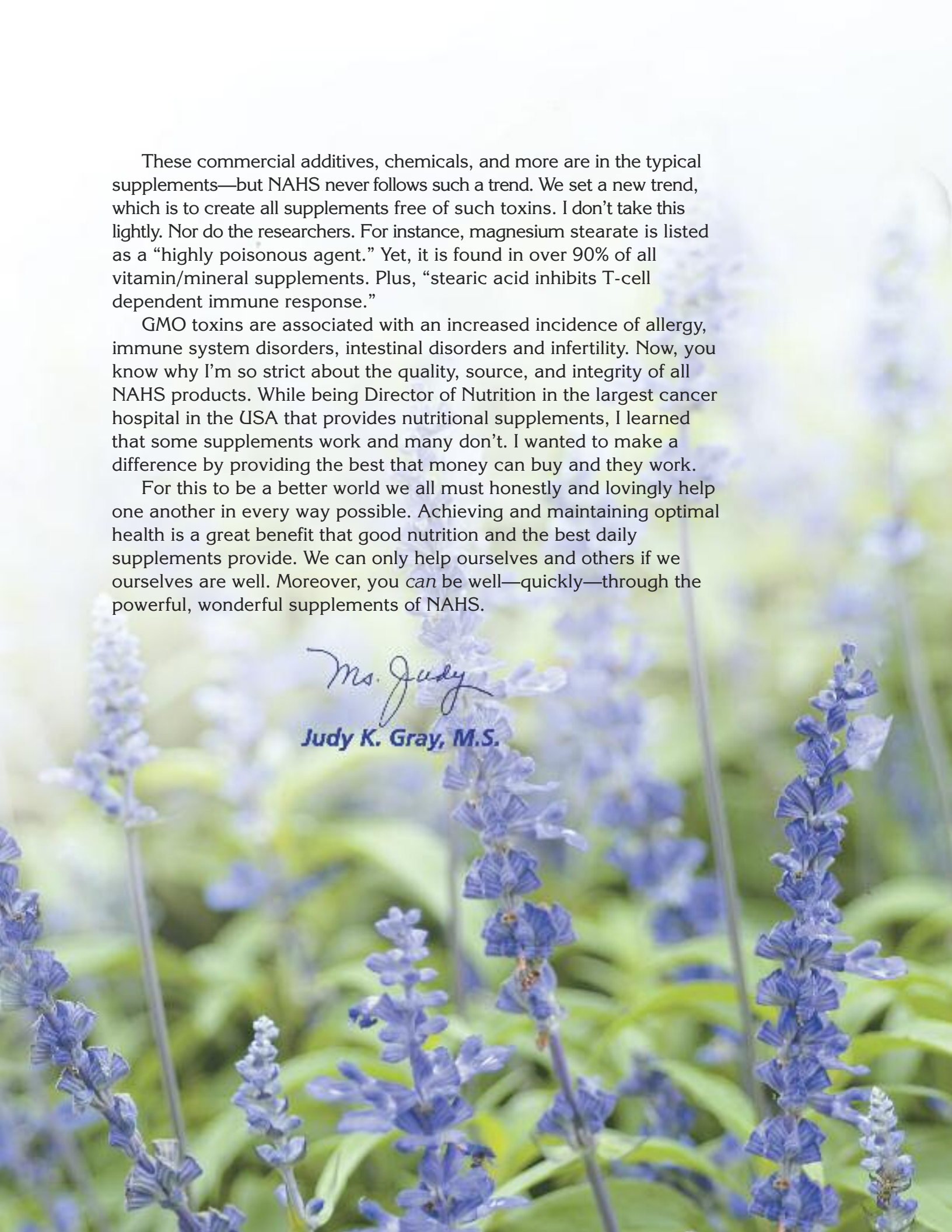


Message from the President

I created North American Herb & Spice for you, so you could have the purest, most potent natural and wild herbal nutritional supplements available. Plus, North American Herb & Spice (NAHS) is the maker of the original truly raw herbal and wild food extracts. We offered the power of raw and wild before anyone else. Examples are GreensFlush, Total Body Purge, OregaMax capsules, Chag-o-Power, and BerriMax.

I carefully avoid all chemicals and toxins, because you deserve clean products that work. That's why you'll find nothing artificial or synthetic in any of my supplements. I also check these supplements for radiation—since Fukushima contaminated the globe. Our wild salmon oil is an excellent example. A supply of this special nutrient dense oil that was made prior to the Fukushima contamination was purchased and carefully stored to stay fresh and pure. Plus, for your benefit the following list of additives and compounds found in thousands of other supplements are never used in NAHS supplements:

magnesium stearate
calcium stearate
aspartame
talc
titanium dioxide
soy (gmo) as lecithin, protein powder, etc.
corn derivatives (gmo) as ascorbic acid, corn starch, corn syrup,
citric acid, etc.
sodium benzoate (a carcinogen; causes allergic reactions)
potassium sorbate (an irritant and carcinogen)
sugar (sucrose, glucose, fructose, dextrose, etc.)
ethyl cellulose
shellac (from petrochemicals)
lactose
silicon dioxide
starch (gmo)
artificial flavors
artificial (coal tar) colors
artificial vitamins made from coal tar/petroleum distalates
glazes
glycerin
any type of filler to make a product cheap



These commercial additives, chemicals, and more are in the typical supplements—but NAHS never follows such a trend. We set a new trend, which is to create all supplements free of such toxins. I don't take this lightly. Nor do the researchers. For instance, magnesium stearate is listed as a "highly poisonous agent." Yet, it is found in over 90% of all vitamin/mineral supplements. Plus, "stearic acid inhibits T-cell dependent immune response."

GMO toxins are associated with an increased incidence of allergy, immune system disorders, intestinal disorders and infertility. Now, you know why I'm so strict about the quality, source, and integrity of all NAHS products. While being Director of Nutrition in the largest cancer hospital in the USA that provides nutritional supplements, I learned that some supplements work and many don't. I wanted to make a difference by providing the best that money can buy and they work.

For this to be a better world we all must honestly and lovingly help one another in every way possible. Achieving and maintaining optimal health is a great benefit that good nutrition and the best daily supplements provide. We can only help ourselves and others if we ourselves are well. Moreover, you *can* be well—quickly—through the powerful, wonderful supplements of NAHS.

Ms. Judy
Judy K. Gray, M.S.

Charitable Work at NAHS

Every year NAHS gives a helping hand to many people and worthy organizations. This includes planting over 10,000 trees on the Credit River, Toronto, Canada, as well as donations for the building of a school in a remote village in Antalya, Turkey. NAHS has also funded the construction of safe, clean buildings in various villages for drying and storing hand-gathered herbs. Further, an important set-aside project was established to sustain the income of villagers who gather and work with the plants and to rest the land. This led to a major regeneration in the growth of wild oregano plants.

NAHS' has also established a handpicking co-op in Peru, thus, increasing the local economy of many villages. The villagers there are employed to handpick and prepare the wild and organic local plants. Special machines were built and provided to cold-press the exotic raw yacon syrup. This allows the production of an exceptionally high quality raw yacon syrup, the only raw organic yacon syrup available. Furthermore, as winter protection for the homeless, NAHS has provided warm blankets to local food banks and churches.

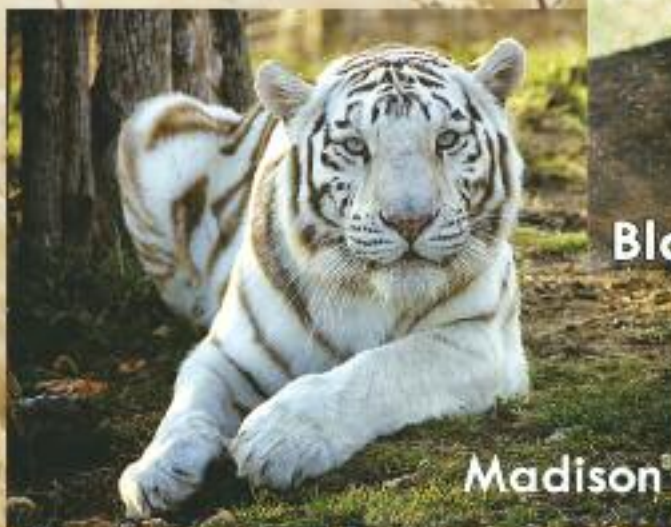
NAHS found another worthy cause at the National Tiger Sanctuary (NTS), in Saddlebrook, Missouri, originated by Judy McGee and Keith Kincade. Tigers and other large cats are near extinction. Unless action is taken they will only be a memory. Thus, NAHS has focused on this 80 acre Sanctuary. The Sanctuary has attempted to be as self-sustaining as possible by conducting tours, environmental treks through the surrounding hillsides and forest, plus other activities, adoption programs, annual membership drives, and a gift shop. It takes thousands of hours of hard labor to design and build habitat, to care for and feed the huge cats and many other creatures as well, and to keep the sanctuary operational. Currently, it takes 200 pounds of meat daily to feed the big cats alone. NTS is working with the University of Missouri and has established student internships for further enlightenment. The University has also provided veterinary care and even surgery when necessary. It is astounding how fragile the big cats really are and the care that is required to keep them healthy.

NAHS not only provides funding for habitat and care, but also supplies nutritional supplements. Many of the animals have barely survived under dire circumstances before coming to the sanctuary. They arrive with sores, hair loss, deformed feet from declawing, severe digestive problems, and much more. Some are so traumatized that it takes time to build their trust. The supplements, such as the Purely Pak—the totally natural daily multiple vitamins from food sources only,

Polar Power—the unfiltered, unrefined wild fish oil, and Health Bac—the most beneficial probiotic available, have made a huge difference in their appearance, behavior, and general health. Also, Oweez and Germa-Clenz helped heal the nasty sores on their backs and tails. The animals love the nutritional supplements and take them willingly. One tiger actually sticks its tail out to be treated with NAHS therapy, in this case the Germ-a-Clenz. It's the miracle of wild nature which is what NAHS is all about. In contrast, how do the tigers respond to the medications? They do everything possible to avoid swallowing the synthetics which previously had been used. They like everything *natural*, just like NAHS. As a result of NAHS supplements there has been a considerable decrease in veterinary medication bills. This is verification by the animals themselves of the efficacy of the supplements. The staff of the sanctuary take them as well, needing the energy and strength they receive for their tough job.

It's an ongoing effort of love and care. As always, the goal of NAHS is to make this world a better place. Let everyone who desires join us in this endeavor.

It is a massive undertaking and a huge expense to provide such a refuge for these endangered animals.





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