

# Total Body Purge

Total Body Purge is a raw, uncooked blend of 12 carefully selected wild herb, spice, and greens extracts. The contemporary diet is full of foods that are heavily processed and contain chemicals and preservatives. The human body is not well-equipped to properly remove these foreign substances. Adding Total Body Purge to a healthy diet can support the body's response to these foreign substances. Because it is uncooked and manufactured using cold-pressed extraction methods, the powerful living enzymes contained in Total Body Purge are intact. The following ingredients contained in the Total Body Purge have been carefully selected because of their unique nutritional properties.

The first is black seed oil, an excellent source of essential fatty acids (oleic, linoleic, and linolenic). It has over 100 different chemical components. Black seed has been valued since antiquity in both the Bible and the Quran.

The wild, raw high bush cranberry does not begin to produce fruit until approximately five years of age! Wow, nature is carefully taking its time to produce the tannins and salicylic acid, amongst other beneficial components of this plant. It is also known as the honeysuckle plant.

The wild, raw dandelion leaf is a concentrated source of beta carotene. Dandelion was a plant brought here by the earliest English settlers and was considered absolutely essential for survival. It was given an honored place in the kitchen gardens of the day, providing food, medicine, and wine.

Wild raw burdock is a great source of B vitamins, magnesium, potassium, folacin, and fiber. Burdock root has long been cultivated in Taiwan and Japan for its nutritional properties.

Wild raw nettle is the next component for this one-of-a-kind blend. The stinging nettle was said to be introduced into Britain by Caesar's soldiers. The active constituents are many and include 5-hydroxytryptamine, histamine, formic acid and gallic acid, plus bioavailable iron.

Sage oil contains rosmarinic acid, tannins, and flavonoids. Sage has one of the longest histories of use of any culinary or medicinal herb. The ancient Egyptians and Dioscorides in the first century A.D. reported widespread usage.



Rosemary oil is one of the most widely used herbs for culinary, as well as health and beauty, applications. It is very popular in the Mediterranean region as a culinary herb. The most important constituents of rosemary are carnosol, carnosic acid, caffeic acid, and its derivatives such as rosmarinic acid.

Fennel is an herb of the carrot family. Fennel's aromatic seeds are cultivated for both culinary and herbal uses. Many substances have been identified in fennel, including hydroxycinnamic acid derivatives, flavonoid glycosides, quercetin, kaempferol, eriocitrin, rutin, rosmarinic acid, and many more. Most of these substances in fennel are antioxidants.

The history of cilantro begins in the Mediterranean, as does the history of many common herbs. It goes back 5000 years and is even mentioned in the Bible. It was so valued in Europe that it was one of the first herbs to be brought to the New World.

We have gone to great lengths to get these oils and greens to you in a raw, unheated form, so that you may obtain maximum bodily profit. Each component of the Total Body Purge has its own unique attributes and as a whole works synergistically to deliver the maximum nutrients essential to proper nutrition. The Total Body Purge nourishes our bodies with polyphenols, fatty acids, vitamins, and minerals. There is nothing synthetic in this blend. There are no GMO components. There are no fillers, excipients or other synthetic chemicals. Go back to nature for grandiose nurture. Mother Nature knows best.

## **Supplement Facts**

Serving Size: 1 tablespoon

Servings per container: 24

Proprietary blend:

Cold-pressed organic extra virgin olive oil & raw apple cider vinegar

Cold-pressed black seed oil

Wild, raw high bush cranberry extract

Wild, raw dandelion leaf extract

Wild, raw burdock leaf extract

Wild, raw nettle extract

Wild, raw fireweed/clintonian extract

Wild sage oil

Wild rosemary oil

Fennel oil

Cilantro oil

## **Directions**

Take one ounce with breakfast for twelve or more days. Mild cleansing reactions, such as bloating, fullness, or slight headache, are normal but rare and will disappear quickly. Does not interfere with daily activities. For routine cleansing take a teaspoon daily. Shake well before using. Taste and consistency may vary.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Power of Nature**

