

Remote-source, Mediterranean, cold-pressed Anatolian sesame seed oil

Sesam-E is the most potent type of sesame oil known. There is no comparison between this and regular sesame oil. The seeds are grown in the mineral-rich soil of Mediterranean mountains. Sesam-E is a dense source of calcium, magnesium, iron, phosphorous, copper and manganese. That is why its flavor is so intense. Sesam-E is cold-pressed to maintain vital nutrients and essential fatty acids. It is completely natural, a true whole, raw food. What's more, since it is truly cold-pressed oil, the flavor is robust. This is the only unroasted, Mediterranean-source sesame oil available, pure and unprocessed.

Anatolian sesame seed is the most aromatic, nutritionally dense type. Sesam-E is whole, raw oil from only that type of seed, plus a hint of coriander oil, fenugreek oil, and wild oregano oil. Sesame oil is exceptionally resistant to rancidity, but to deliver even longer shelf life, Sesam-E is preserved with a proprietary, 100% natural, antioxidant essential oil blend.

Sesam-E is a powerful and rare, remote-source, mountain-grown food oil. It is a top natural source of gamma tocopherol, the most powerful antioxidant form of vitamin E. It is also rich in its own antioxidant, known as sesamol. Research shows that Sesam-E conserves natural vitamin E levels.

Sesam-E is a top source of essential fatty acids and is particularly high in linoleic and oleic acids. Thus, it is an excellent omega-6 supplement, but it is special because it is rich in antioxidants which prevent any rancidity. In contrast to flax and hemp seed oil it is highly digestible and is free of the goitrogens found in flaxseed oil, which interfere with thyroid function. It also has a variety of hormone-like substances which assist the function of the male endocrine glands.

The famous phrase from the Arabian Nights, "Open Sesame," reflects the distinguishing feature of the sesame seed pod, which bursts open when it reaches maturity. Open a bottle of Sesam-E to discover the full-bodied flavor and dense nutrition of this powerful, whole-food seed oil.

Directions: Take one or more tablespoons daily. Add to any food, salads, soups, or vegetables. Also add to smoothies. For tough situations consume four tablespoons daily. Sesam-E is a potent preventive oil—for males and females.



To place an order: North American Herb & Spice, P.O. Box 4885, Buffalo Grove, IL 60089
1-800-243-5242 • 1-847-473-4700 • fax: 1-847-473-4780 • www.oreganol.com

These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.