



Purely-Min™

Pure earth minerals

Freshwater humic & fulvic acids / Rare red bentonite clay / Wild African baobab

Purely-Min is the power of wild-source, freshwater fulvic and humic acids combined with rare red bentonite clay, wild African baobab, and crushed, wild whole food oregano. These compounds offer the complex mineral substances found in the earth's most fertile soils which are direly needed by the body. When unique, earth-derived minerals are used, they act as powerful nutritional substances which have the amazing ability to deliver useful substances, while also binding to and allowing the elimination of toxins. For these benefits all the complexes in Purely-Min are ideal.

Purely-Min delivers ancient minerals, including calcium, magnesium, copper, zinc, manganese, iron, and dozens of other ancient trace minerals not known since prehistoric times. It even delivers trace amounts of natural cesium, europium, cobalt, iodine, nickel, germanium, and strontium. The consumption of these pure and clean natural-form minerals over time has the ability to displace the unnatural, unwanted types out of the body.

Humic and fulvic acids are organic binding agents which form complexes with minerals, as well as heavy metals. A key feature of these acids is their molecular looseness, which allows them to expand and then trap noxious molecules. In nature these acids serve a special function by trapping minerals to make them more available to plants. In humans these biologically charged compounds serve a variety of useful functions. They act as delivery agents, providing much-needed minerals to the cells. In contrast, humic and fulvic acids also act as binding agents, targeting heavy metals and other unnatural substances, allowing them to be purged. This capability was reported in the *Journal of Radioanalytical and Nuclear Chemistry*, as humic acid was found to aggressively interact with the noxious radioisotopes cesium-137, strontium-85, europium-152, and plutonium-239.

Furthermore, the amazing nutritional benefits of delivering healthy minerals while driving out toxins are only derived from truly clean humic and fulvic acids, as found in Purely-Min.

Red bentonite clay is another top source of biologically available calcium, magnesium, and phosphorus. This type of clay contains a form of calcium that is more readily absorbed than any other type, including calcium from milk. Historically,

Supplement Facts		
Serving size: 2 teaspoons		Servings per container: 23
Amount Per Serving		
Calcium	56 mg	6%
Magnesium	50 mg	12%
Iron	24 mg	130%
Copper	.11 mg	6%
Manganese	.8 mg	40%
Potassium	80 mg	2%
Sodium	62 mg	2%
Zinc	.4 mg	2%
Selenium	.8 mcg	2%
Boron	48 mcg	†
† No Daily Value established		

Ingredients: remote-source red bentonite clay, freshwater fulvic & humic minerals, wild baobab powder, crude, wild oregano powder



primitive people have used clay to build internal mineral reservoirs during pregnancy and lactation. Nefertiti used red bentonite clay as one of the most effective secrets for skin health, and in the *Ebers Papyrus* it was reported as beneficial for intestinal and eye complaints. Red bentonite clay is also a binding agent and in studies has been shown to successfully bind to heavy metals, radiological toxins, hydrocarbons, pesticides, and herbicides, allowing them to be eliminated from the body. The European Union's Food Safety Authority has approved bentonite for this purpose.

Wild baobab powder is added as a top source of food nutrients. Baobab is a top food source of the minerals calcium, magnesium, phosphorus, zinc, iron and potassium, as well as dozens of other trace minerals. It also provides healthy amounts of the omega-3 linolenic acid, antioxidant bioflavonoids, provitamin A, vitamin C, dietary fiber, and proteins, making it an ideal source of nutrients and substances which aid in the body's usage of minerals. Additionally, a portion of your purchase goes to support local African workers and sustainable harvesting.

Wild oregano is added as another top mineral source. It collects minerals from the rocky, mineral-rich soil which it grows in. Wild oregano leaf contains more calcium by weight than milk and is also particularly rich in zinc, copper, and phosphorus. Wild oregano is a raw source of minerals and also high amounts of vitamin K, as well as other desirable flavonoids.

Purely-Min is the only truly wild, whole food mineral supplement available. Unlike synthetics and other sources with low bioavailability, these whole food minerals are readily utilized by the body for healthy bones and teeth, as well as all other cells. Use Purely-Min every day for the strength that can only be delivered by pure, ancient whole food minerals.

How to use Purely-Min:

Take a teaspoon or more in juice or water once or twice daily. For severe mineral deficiency take two teaspoonsful once or twice daily. Best used with slightly acidic beverages such as tomato, lemon, grapefruit, or grape juice. The acids aid in absorption. Always drink plenty of water when using Purely-Min, at least 12 FL. OZ. for each teaspoonful. Take your minerals every morning—think “minerals in the morning with Purely-Min.”

To place an order: North American Herb & Spice, P.O. Box 4885, Buffalo Grove, IL 60089
1-800-243-5242 • 1-847-473-4700 • fax: 1-847-473-4780 • www.oreganol.com

These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.