

High mineral • High sterol • High vitamin

Mac-o-Power is raw, unrefined, cold-processed purple maca, along with raw purple corn extract, known as “kculli,” and raw yacon root. This combination greatly enhances the properties of each other, while increasing the antioxidant and flavonoid content. This truly raw, purple maca is very unique in a market saturated with dried or cooked maca extracts, which do not exhibit the powers of raw.

High in the Andean plateaus, at altitudes between nine to eleven thousand feet, grows the “Peruvian Ginseng” also known as maca. No other food plant can grow at these altitudes with the rocky soil, fierce winds, temperatures below freezing, and intensive sunlight found in this region. Resembling a large radish or beet, this treasure, favored by primitive cultures for over 2,000 years, is cultivated from mountainous, volcanic soil for its mineral-rich, nutrient-dense power. Historical records note that the stressors of the highlands were very hard on the health of the Spanish conquerors. Local Indians recommended eating maca, and the results were so remarkable that they demanded being paid with maca instead of gold.

Maca is an important staple in the diet of the indigenous people of Peru, due to its high nutritional content. Because of the incredibly high mineral content and the high altitudes, maca is traditionally grown without pesticides, fungicides, and chemicals. Mac-o-Power has a high nutritional profile, containing micro- and macronutrients with incredibly high levels of potassium, calcium (higher than milk), and phosphorus. Favorably tipping the scales with significant amounts of trace minerals, including sulfur, magnesium, iron, iodine, zinc, and silica, this is the nutritional treasure the body has been looking for. Additionally, maca also contains vitamins, fatty acids, amino acids, sterols, and almost sixty different phytonutrients, which are most likely responsible for maca’s many beneficial properties.

Mac-o-Power is then further enhanced with the nutrient-dense, raw, liquid Amazon purple corn. Purple corn has been a staple of the Peruvian diet since antiquity, not only for its soft, refreshing flavor but also for its unique nutritional content. Purple corn is a superb antioxidant, containing substantial amounts of phenols and anthocyanins, among other phytochemicals. Anthocyanins are a type of complex, water-soluble flavonoid that displays antioxidant values higher than traditional antioxidant-rich foods. Anthocyanins are also responsible for the deep blue and purple color of purple corn. With purple corn, the kernel pericarp (the outer layer of the kernel) has the highest concentration of anthocyanins. When the ORAC (oxygen radical absorbance capacity) was compared to that of blueberries, purple corn was found to be three times more powerful an antioxidant. This is an interesting fact, since blueberries have long been touted as one of the most powerful natural antioxidant foods.

The absorption of Mac-o-Power is also boosted by the high inulin and FOS properties of yacon. Yacon is an incredibly sweet-tasting syrup that does not affect the body’s glycemic response and is packed with minerals. Mac-o-Power is easy to digest and well assimilated, making it ideal for the elderly, malnourished, and sick, as well as the average healthy person and the extreme athlete.

Directions: As a natural food take 10 or more drops under the tongue twice daily. Add to milk, yogurt, or juice.

Supplement Facts		
Serving Size: 10 drops		
Servings Per Container: 130		
	Amount Per Serving	% Daily Value
Proprietary blend		
Raw purple maca root extract		*
Raw purple corn extract		*
Raw yacon root extract		*
*Daily value not established		



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These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.