

Biologically active herbs for supporting circulation

In today's stressful world it's no wonder many people, young and old, have lost ideal physiology. This continuous stress leads to syndrome X and, ultimately, high blood pressure and other cardiovascular conditions. Hyper-Ten is made from mountain-grown herbs, spices, and handpicked, wild Hawthorne berries. It provides potent support and a dense nutrient base for optimal nutrition. Hyper-Ten is ideal for supporting a healthy circulatory system through its potent antioxidants and wild herbs.

Wild yarrow flower: Chemical analysis has uncovered over 120 compounds in yarrow, including acchileine and coumarin (not the same as coumadin). Native Americans made a tea and tonic from yarrow. Yarrow is known for its substantial content of potassium, magnesium, and phosphorous. It also has a high content of tannin.

Wild mountain sage: This powerful plant has a long history of use, and research has shown why. Wild sage contains a variety of volatile oils, flavonoids (apigenin, diosmetin, and luteolin), and phenolic acids, including the valuable rosmarinic acid. Historically, the Greeks and Romans prized it for its many healing properties. The Romans valued sage so highly that they held sacred ceremonies for gathering it.

Wild hawthorn berry: This berry has been used medicinally since the time of the Greeks. In the first century the Greek herbalist Dioscorides wrote about its healthful properties. It has over 80 nutrients including beta carotene, caffeic acid, chromium, niacin, quercetin, selenium, and zinc. It is a well-known berry for supporting cardiac function.

Fresh, crushed black seed: From the *Nigella sativa* plant, these seeds are a top source of heart-healthy thymoquinone, a component that is the subject of intense ongoing research. The seeds also contain a fatty oil rich in unsaturated fatty acids, mainly linoleic acid, oleic acid, eicodadienoic acid and dihomolinoleic acid. Healthy saturated fatty acids (palmitic and stearic acids) are present in smaller amounts. Cultivation of black seed has been traced back more than 3,000 years to the kingdom of the Assyrians and ancient Egyptians. Black seed was a vital ingredient in many Egyptian dishes. Physicians of the pharaohs used the seeds as a digestive aid after opulent feasts. Queen Nefertiti, praised for her exquisite complexion, was an avid user of black seed oil.

Wild strawberry leaf: This leaf is a tremendous source of ellagic acid and an excellent source of potassium. Strawberry leaves are rich in tannins and ellagatannins, proanthocyanins, flavonoids, salicylic acid, and caffeic acid. Native Americans use this plant for many herbal remedies, including as a natural diuretic. The earliest mention of strawberry leaves is in a Saxon document from the 10th century.

Wild oregano/rosemary blend: Oregano is a potent natural antiseptic. Rosemary is a potent antioxidant, plus it strengthens the adrenal glands. This synergistic blend is also known for its support of the circulatory system. Use of rosemary dates back to 5,000 B.C., when it was used as a culinary and medicinal herb by the ancient Greeks and Romans. Rosemary is naturally high in magnesium, potassium, and rosmarinic acid.

Organic onion powder: One of the oldest vegetables known to humankind, onion is found in a large number of recipes and preparations dating back to 5,000 B.C. Workers who built the Egyptian pyramids were fed onions. In ancient Greece athletes ate large quantities of onion and Roman gladiators were rubbed down with them. In the Middle Ages onions were such an important food that people would pay their rent with them. Onions are an excellent source of chromium and vitamin C. They are also a rich source of manganese, vitamin B6, tryptophan, folate, potassium, phosphorous, and copper. Onion naturally thins the blood.

Discard any synthetic, petrochemical-based vitamins. Take instead this truly natural whole food supplement, and defeat all of your stress.

Directions: Take three or more capsules twice daily. Use for a minimum of 90 days for best results.

To place an order: North American Herb & Spice, P.O. Box 4885, Buffalo Grove, IL 60089
1-800-243-5242 • 1-847-473-4700 • fax: 1-847-473-4780 • www.oreganol.com

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